

Ramont, Niedringhaus, *Comprehensive Nursing Care* 2nd Edition Update Test Bank

Chapter 1

Question 1

Type: MCSA

The nurse is assigned to care for a client who is incontinent of stool. The nurse washes her hands, cleans the client and bed linens, and repositions the client. Which of the following nursing values is the nurse exhibiting?

1. Caring
2. Hygiene
3. Precision
4. Timeliness

Correct Answer: 1

Rationale 1: The nurse is caring for the client, so the value displayed is caring. The degrees of timeliness and precision exhibited are unknown because we don't have enough information. While the type of care provided is hygiene, that is not one of the values of nursing, and is covered by the value of caring.

Rationale 2: The nurse is caring for the client, so the value displayed is caring. The degrees of timeliness and precision exhibited are unknown because we don't have enough information. While the type of care provided is hygiene, that is not one of the values of nursing, and is covered by the value of caring.

Rationale 3: The nurse is caring for the client, so the value displayed is caring. The degrees of timeliness and precision exhibited are unknown because we don't have enough information. While the type of care provided is hygiene, that is not one of the values of nursing, and is covered by the value of caring.

Rationale 4: The nurse is caring for the client, so the value displayed is caring. The degrees of timeliness and precision exhibited are unknown because we don't have enough information. While the type of care provided is hygiene, that is not one of the values of nursing, and is covered by the value of caring.

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome: Relate essential nursing values to attitudes, personal qualities, and professional behaviors.

Question 2

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Type: MCSA

The nursing student prepares for class by reading and outlining the textbook as assigned prior to attending lecture. Which of the following characteristics is the student demonstrating by this behavior?

1. A positive attitude
2. Critical thinking
3. Accountability
4. Timeliness

Correct Answer: 3

Rationale 1: The professional nurse is accountable for his own learning experience. Reading the assigned lesson before class demonstrates accountability by optimizing the learning experience. The other options, while desirable, do not apply in this situation.

Rationale 2: The professional nurse is accountable for his own learning experience. Reading the assigned lesson before class demonstrates accountability by optimizing the learning experience. The other options, while desirable, do not apply in this situation.

Rationale 3: The professional nurse is accountable for his own learning experience. Reading the assigned lesson before class demonstrates accountability by optimizing the learning experience. The other options, while desirable, do not apply in this situation.

Rationale 4: The professional nurse is accountable for his own learning experience. Reading the assigned lesson before class demonstrates accountability by optimizing the learning experience. The other options, while desirable, do not apply in this situation.

Global Rationale:

Cognitive Level: Understanding

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Relate essential nursing values to attitudes, personal qualities, and professional behaviors.

Question 3

Type: MCSA

The student is planning to read the assigned chapter before attending class. Which of the following would be an effective method of approaching the assignment?

1. Read the chapter summary first.

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2. Read the questions at the end of the chapter first.
3. Begin reading and underlining the chapter.
4. Review the learning outcomes first.

Correct Answer: 4

Rationale 1: Reviewing the learning outcomes first will guide the learner to note the important components of the chapter, as contrasted with reading without knowing the expectations. Answer options 1, 2, and 3 will not help the student gain any insight as to the expectations of the chapter.

Rationale 2: Reviewing the learning outcomes first will guide the learner to note the important components of the chapter, as contrasted with reading without knowing the expectations. Answer options 1, 2, and 3 will not help the student gain any insight as to the expectations of the chapter.

Rationale 3: Reviewing the learning outcomes first will guide the learner to note the important components of the chapter, as contrasted with reading without knowing the expectations. Answer options 1, 2, and 3 will not help the student gain any insight as to the expectations of the chapter.

Rationale 4: Reviewing the learning outcomes first will guide the learner to note the important components of the chapter, as contrasted with reading without knowing the expectations. Answer options 1, 2, and 3 will not help the student gain any insight as to the expectations of the chapter.

Global Rationale:

Cognitive Level: Applying

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Explain ways to approach this textbook and plan your study time effectively.

Question 4

Type: MCSA

The nursing student is planning to study with a group of other students. Which of the following is an advantage of studying with another person or group?

1. Asking questions of each other
2. Discussing and processing ideas
3. Preparing for class
4. Meeting deadlines

Correct Answer: 2

Rationale 1: When working with a group, the students are able to process information and discuss ideas related to the topic to gain a broader understanding. There is no guarantee that others in the group will have the correct answers (Answer option 1). Options 3 and 4 are not necessarily advantageous with a group.

Rationale 2: When working with a group, the students are able to process information and discuss ideas related to the topic to gain a broader understanding. There is no guarantee that others in the group will have the correct answers (Answer option 1). Options 3 and 4 are not necessarily advantageous with a group.

Rationale 3: When working with a group, the students are able to process information and discuss ideas related to the topic to gain a broader understanding. There is no guarantee that others in the group will have the correct answers (Answer option 1). Options 3 and 4 are not necessarily advantageous with a group.

Rationale 4: When working with a group, the students are able to process information and discuss ideas related to the topic to gain a broader understanding. There is no guarantee that others in the group will have the correct answers (Answer option 1). Options 3 and 4 are not necessarily advantageous with a group.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Explain ways to approach this textbook and plan your study time effectively.

Question 5

Type: MCSA

The student is completing a calendar of events for the coming school year. The student would include all of the following on the calendar except:

1. Clinical days.
2. Physician appointments when ill.
3. Study time.
4. Class lectures.

Correct Answer: 2

Rationale 1: The student cannot guess when she might be ill, so this would be hard to schedule in advance. The other options are correct entries on the calendar.

Rationale 2: The student cannot guess when she might be ill, so this would be hard to schedule in advance. The other options are correct entries on the calendar.

Rationale 3: The student cannot guess when she might be ill, so this would be hard to schedule in advance. The other options are correct entries on the calendar.

Rationale 4: The student cannot guess when she might be ill, so this would be hard to schedule in advance. The other options are correct entries on the calendar.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Discuss the importance of time management for students in a nursing program.

Question 6

Type: MCSA

Which of the following would be an effective time management strategy regarding care of the nursing student's children?

1. Let the spouse care for the children.
2. Hire a teen-age babysitter for before and after school.
3. Have backup plans for child care.
4. Have the oldest child care for the younger children.

Correct Answer: 3

Rationale 1: Part of effective time management is maintaining current responsibilities. Answer option 3 is the best method of meeting child care responsibilities, because there might be days when school is unexpectedly canceled, the child is ill, or something else occurs that changes the normal child care plans. Having multiple options helps the student to avoid missing class or clinical. More about a particular situation would need to be known to know if the other choices are an option for a given student.

Rationale 2: Part of effective time management is maintaining current responsibilities. Answer option 3 is the best method of meeting child care responsibilities, because there might be days when school is unexpectedly canceled, the child is ill, or something else occurs that changes the normal child care plans. Having multiple options helps the student to avoid missing class or clinical. More about a particular situation would need to be known to know if the other choices are an option for a given student.

Rationale 3: Part of effective time management is maintaining current responsibilities. Answer option 3 is the best method of meeting child care responsibilities, because there might be days when school is unexpectedly canceled, the child is ill, or something else occurs that changes the normal child care plans. Having multiple options helps the student to avoid missing class or clinical. More about a particular situation would need to be known to know if the other choices are an option for a given student.

Rationale 4: Part of effective time management is maintaining current responsibilities. Answer option 3 is the best method of meeting child care responsibilities, because there might be days when school is unexpectedly canceled, the child is ill, or something else occurs that changes the normal child care plans. Having multiple options helps the student to avoid missing class or clinical. More about a particular situation would need to be known to know if the other choices are an option for a given student.

Global Rationale:

Cognitive Level: Applying

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Describe three important aspects of time management that support academic survival in nursing education.

Question 7

Type: MCSA

Which financial planning tactic would be most desirable in helping the nursing student manage his time effectively?

1. Reduction of work hours
2. Continue working full-time.
3. Each student must determine what works best in his situation.
4. Take out a loan.

Correct Answer: 3

Rationale 1: Each nursing student faces unique challenges, and there is no one right answer for how finances should be managed. Each student must look at his financial responsibilities and determine how he will meet his financial needs while a

Rationale 2: Each nursing student faces unique challenges, and there is no one right answer for how finances should be managed. Each student must look at his financial responsibilities and determine how he will meet his financial needs while attending nursing school with a goal of never missing any time in class or clinical.

Rationale 3: Each nursing student faces unique challenges, and there is no one right answer for how finances should be managed. Each student must look at his financial responsibilities and determine how he will meet his financial needs while attending nursing school with a goal of never missing any time in class or clinical.

Rationale 4: Each nursing student faces unique challenges, and there is no one right answer for how finances should be managed. Each student must look at his financial responsibilities and determine how he will meet his financial needs while attending nursing school with a goal of never missing any time in class or clinical.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Describe three important aspects of time management that support academic survival in nursing education.

Question 8

Type: MCSA

When taking a multiple-choice test, the best strategy would be which of the following?

1. Narrow the choices to two options and go with your first impression.
2. Skip the question if you can't answer it impulsively, and come back to it later.
3. Choose the answer that continues a preset pattern.
4. Review the test and change answers when finished.

Correct Answer: 1

Rationale 1: Answer option 1 is the correct answer because it is usually feasible to narrow the correct answers down to two. Option 2 is incorrect because it is too easy to forget which questions were skipped. Option 4 is incorrect because your first impression is usually correct, and changing answers may result in the question being marked wrong. Tests are not designed to create a pattern on the answer sheet, so option 3 is incorrect.

Rationale 2: Answer option 1 is the correct answer because it is usually feasible to narrow the correct answers down to two. Option 2 is incorrect because it is too easy to forget which questions were skipped. Option 4 is incorrect because your first impression is usually correct, and changing answers may result in the question being marked wrong. Tests are not designed to create a pattern on the answer sheet, so option 3 is incorrect.

Rationale 3: Answer option 1 is the correct answer because it is usually feasible to narrow the correct answers down to two. Option 2 is incorrect because it is too easy to forget which questions were skipped. Option 4 is incorrect because your first impression is usually correct, and changing answers may result in the question being marked wrong. Tests are not designed to create a pattern on the answer sheet, so option 3 is incorrect.

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Rationale 4: Answer option 1 is the correct answer because it is usually feasible to narrow the correct answers down to two. Option 2 is incorrect because it is too easy to forget which questions were skipped. Option 4 is incorrect because your first impression is usually correct, and changing answers may result in the question being marked wrong. Tests are not designed to create a pattern on the answer sheet, so option 3 is incorrect.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Identify strategies to use when answering various types of test questions.

Question 9

Type: MCSA

The nursing instructor asks the student to review a client's arterial blood gas and decide on a course of action based on the results of the lab report and the student's current assessment of the client. The client is diaphoretic and pale, with rapid respirations. Which level of cognitive thinking would the student demonstrate in answering the instructor's question?

1. Knowledge
2. Comprehension
3. Application
4. Analysis

Correct Answer: 4

Rationale 1: The student would have to relate the lab value to the client's current condition, and formulate and put the entire picture together to create a plan of care. Knowledge of blood gas results would not be enough to help the student form a plan of action. Comprehension of a blood gas will not help the student address the current client needs. Application requires only that the student apply knowledge in the current situation.

Rationale 2: The student would have to relate the lab value to the client's current condition, and formulate and put the entire picture together to create a plan of care. Knowledge of blood gas results would not be enough to help the student form a plan of action. Comprehension of a blood gas will not help the student address the current client needs. Application requires only that the student apply knowledge in the current situation.

Rationale 3: The student would have to relate the lab value to the client's current condition, and formulate and put the entire picture together to create a plan of care. Knowledge of blood gas results would not be enough to help the student form a plan of action. Comprehension of a blood gas will not help the student address the current client needs. Application requires only that the student apply knowledge in the current situation.

Rationale 4: The student would have to relate the lab value to the client's current condition, and formulate and put the entire picture together to create a plan of care. Knowledge of blood gas results would not be enough to help the student form a plan of action. Comprehension of a blood gas will not help the student address the current client needs. Application requires only that the student apply knowledge in the current situation.

Global Rationale:

Cognitive Level: Understanding

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Identify strategies to use when answering various types of test questions.

Question 10

Type: MCSA

You have been assigned to care for a client in the clinical setting. Which of the following would be important prior to caring for the client?

1. Advise the instructor if there is a skill that you dislike doing.
2. Review all notes taken during practice in the skills lab.
3. Get at least 80% correct on the skills review conducted prior to clinical.
4. Practice skills until you know what to do when called upon.

Correct Answer: 4

Rationale 1: You are responsible for delivering the care that was practiced in the lab. If you are uncertain regarding some skills, you are responsible for seeking help and practicing those skills. There are tasks in nursing that are unpleasant but must be done for the client (option 1). Reviewing notes alone will not help you perfect a skill; practice is required when manual dexterity and performance is involved (option 2). Option 3 does not indicate comfort with the skill, only that most steps were performed correctly. Before performing on a live client, comfort and expertise should be demonstrated.

Rationale 2: You are responsible for delivering the care that was practiced in the lab. If you are uncertain regarding some skills, you are responsible for seeking help and practicing those skills. There are tasks in nursing that are unpleasant but must be done for the client (option 1). Reviewing notes alone will not help you perfect a skill; practice is required when manual dexterity and performance is involved (option 2). Option 3 does not indicate comfort with the skill, only that most steps were performed correctly. Before performing on a live client, comfort and expertise should be demonstrated.

Rationale 3: You are responsible for delivering the care that was practiced in the lab. If you are uncertain regarding some skills, you are responsible for seeking help and practicing those skills. There are tasks in nursing that are unpleasant but must be done for the client (option 1). Reviewing notes alone will not help you perfect a

skill; practice is required when manual dexterity and performance is involved (option 2). Option 3 does not indicate comfort with the skill, only that most steps were performed correctly. Before performing on a live client, comfort and expertise should be demonstrated.

Rationale 4: You are responsible for delivering the care that was practiced in the lab. If you are uncertain regarding some skills, you are responsible for seeking help and practicing those skills. There are tasks in nursing that are unpleasant but must be done for the client (option 1). Reviewing notes alone will not help you perfect a skill; practice is required when manual dexterity and performance is involved (option 2). Option 3 does not indicate comfort with the skill, only that most steps were performed correctly. Before performing on a live client, comfort and expertise should be demonstrated.

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome: Discuss the responsibilities of the student nurse during clinical experiences.

Question 11

Type: MCSA

You are caring for a client in a hospital setting, and have completed your work for the morning. Which of the following activities would be the *least* responsible way to end the morning shift?

1. Reviewing your client's lab work that is posted
2. Observing the nurse starting an IV
3. Reviewing the charts of clients on the unit
4. Assisting the RN who is preparing a client for surgery

Correct Answer: 3

Rationale 1: Reviewing charts of clients for whom you are not caring is considered a violation of privacy. Answer options 1, 2, and, 4 are appropriate learning opportunities for the student nurse.

Rationale 2: Reviewing charts of clients for whom you are not caring is considered a violation of privacy. Answer options 1, 2, and, 4 are appropriate learning opportunities for the student nurse.

Rationale 3: Reviewing charts of clients for whom you are not caring is considered a violation of privacy. Answer options 1, 2, and, 4 are appropriate learning opportunities for the student nurse.

Rationale 4: Reviewing charts of clients for whom you are not caring is considered a violation of privacy. Answer options 1, 2, and, 4 are appropriate learning opportunities for the student nurse.

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Global Rationale:

Cognitive Level: Applying

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Discuss the responsibilities of the student nurse during clinical experiences.

Question 12

Type: MCSA

You have been assigned to provide AM care for three clients at your clinical site. Which of the following actions would be your first priority before beginning care of your assigned clients?

1. Review medication administration records.
2. Review each client's chart before beginning care.
3. Introduce yourself to your clients.
4. Gather equipment and supplies necessary for delivering care.

Correct Answer: 2

Rationale 1: Reviewing the client's medical chart is most important in determining the type of care to be given. Answer options 1, 3, and, 4 might be correct, depending on what care you will be involved in performing, but are not the first priority.

Rationale 2: Reviewing the client's medical chart is most important in determining the type of care to be given. Answer options 1, 3, and, 4 might be correct, depending on what care you will be involved in performing, but are not the first priority.

Rationale 3: Reviewing the client's medical chart is most important in determining the type of care to be given. Answer options 1, 3, and, 4 might be correct, depending on what care you will be involved in performing, but are not the first priority.

Rationale 4: Reviewing the client's medical chart is most important in determining the type of care to be given. Answer options 1, 3, and, 4 might be correct, depending on what care you will be involved in performing, but are not the first priority.

Global Rationale:

Cognitive Level: Analyzing

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

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Learning Outcome: Explain the importance of prioritizing in the clinical setting

Question 13

Type: MCSA

The nurse, caring for a client who asks a question about the meaning of lab results that the physician gave the client, is unable to answer the question. Which of the following would be the best nursing action?

1. Give the client an answer the nurse thinks is right, and then ask the instructor for the answer.
2. Tell the client the nurse doesn't know the answer.
3. Call the doctor and ask him for the answer.
4. Tell the client the nurse doesn't know, but will find out.

Correct Answer: 4

Rationale 1: It is acceptable to say "I don't know," but the nurse has an obligation to find an answer and report back to the client in order to foster a trusting relationship with the client and show responsibility. Answer option 1 would not be an ethical or truthful way to handle this situation. Option 2 would not meet the client need, which is your responsibility. to the question can be answered without calling the physician.

Rationale 2: It is acceptable to say "I don't know," but the nurse has an obligation to find an answer and report back to the client in order to foster a trusting relationship with the client and show responsibility. Answer option 1 would not be an ethical or truthful way to handle this situation. Option 2 would not meet the client need, which is your responsibility. to the question can be answered without calling the physician.

Rationale 3: It is acceptable to say "I don't know," but the nurse has an obligation to find an answer and report back to the client in order to foster a trusting relationship with the client and show responsibility. Answer option 1 would not be an ethical or truthful way to handle this situation. Option 2 would not meet the client need, which is your responsibility. to the question can be answered without calling the physician.

Rationale 4: It is acceptable to say "I don't know," but the nurse has an obligation to find an answer and report back to the client in order to foster a trusting relationship with the client and show responsibility. Answer option 1 would not be an ethical or truthful way to handle this situation. Option 2 would not meet the client need, which is your responsibility. to the question can be answered without calling the physician.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome: Discuss the responsibilities of the student nurse during clinical experiences.

Question 14

Type: MCSA

The nursing student is giving a bath to a client on the first clinical day. The physician arrives and removes a wound dressing, and tells the student to redress the wound. Which of the following actions should the student take?

1. Tell the doctor that wound dressings have not been covered in class yet.
2. Cover the wound with gauze.
3. Perform the dressing change.
4. Seek assistance from the instructor or nurse assigned to the client.

Correct Answer: 4

Rationale 1: The correct action would be to seek help, as it is the student's responsibility to know limits of current practice and to seek new learning experiences. Answer option 1 would not meet the needs of the client. Options 2 and 3 should not be attempted by the new student if she is not comfortable with the process.

Rationale 2: The correct action would be to seek help, as it is the student's responsibility to know limits of current practice and to seek new learning experiences. Answer option 1 would not meet the needs of the client. Options 2 and 3 should not be attempted by the new student if she is not comfortable with the process.

Rationale 3: The correct action would be to seek help, as it is the student's responsibility to know limits of current practice and to seek new learning experiences. Answer option 1 would not meet the needs of the client. Options 2 and 3 should not be attempted by the new student if she is not comfortable with the process.

Rationale 4: The correct action would be to seek help, as it is the student's responsibility to know limits of current practice and to seek new learning experiences. Answer option 1 would not meet the needs of the client. Options 2 and 3 should not be attempted by the new student if she is not comfortable with the process.

Global Rationale:

Cognitive Level: Understanding

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome: Discuss the responsibilities of the student nurse during clinical experiences.

Question 15

Type: MCSA

The student is caring for a client on the first day in the clinical setting. The student conveys respect for the client by all of the following except:

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1. Communicating appropriately with the client.
2. Asking the unlicensed assistive person to answer the client's call bell.
3. Arriving at clinical in professional attire.
4. Caring for the client in an unhurried manner.

Correct Answer: 2

Rationale 1: Nurses show respect for the client and themselves by communicating appropriately, (answer option 1), by their professional attire and grooming, (option 3), by the manner in which they deliver their care, (option 4), and by their responsiveness to the client's needs. Asking the unlicensed assistive person to answer the call bell would not be acting in a responsible manner.

Rationale 2: Nurses show respect for the client and themselves by communicating appropriately, (answer option 1), by their professional attire and grooming, (option 3), by the manner in which they deliver their care, (option 4), and by their responsiveness to the client's needs. Asking the unlicensed assistive person to answer the call bell would not be acting in a responsible manner.

Rationale 3: Nurses show respect for the client and themselves by communicating appropriately, (answer option 1), by their professional attire and grooming, (option 3), by the manner in which they deliver their care, (option 4), and by their responsiveness to the client's needs. Asking the unlicensed assistive person to answer the call bell would not be acting in a responsible manner.

Rationale 4: Nurses show respect for the client and themselves by communicating appropriately, (answer option 1), by their professional attire and grooming, (option 3), by the manner in which they deliver their care, (option 4), and by their responsiveness to the client's needs. Asking the unlicensed assistive person to answer the call bell would not be acting in a responsible manner.

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome: Relate essential nursing values to attitudes, personal qualities, and professional behaviors.

Question 16

Type: MCSA

When preparing for class, the nursing student who uses the textbook most effectively will do all of the following except:

1. Read through the textbook assignments before the class in which the material will be covered.

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2. Review the table of contents and appendices.
3. Become familiar with how the book is organized.
4. Look up answers to the questions at the end of the chapter.

Correct Answer: 4

Rationale 1: Answer options 1, 2, and, 3 are all correct actions to take when the student is first issued the book. Becoming familiar with the book and how it is organized will help the student be more efficient. Looking up the answers to questions is not an effective way to learn. It is better to look for the answer in the material in the chapter.

Rationale 2: Answer options 1, 2, and, 3 are all correct actions to take when the student is first issued the book. Becoming familiar with the book and how it is organized will help the student be more efficient. Looking up the answers to questions is not an effective way to learn. It is better to look for the answer in the material in the chapter.

Rationale 3: Answer options 1, 2, and, 3 are all correct actions to take when the student is first issued the book. Becoming familiar with the book and how it is organized will help the student be more efficient. Looking up the answers to questions is not an effective way to learn. It is better to look for the answer in the material in the chapter.

Rationale 4: Answer options 1, 2, and, 3 are all correct actions to take when the student is first issued the book. Becoming familiar with the book and how it is organized will help the student be more efficient. Looking up the answers to questions is not an effective way to learn. It is better to look for the answer in the material in the chapter.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts: !NP>Intervention

Learning Outcome: Relate essential nursing values to attitudes, personal qualities, and professional behaviors.

Question 17

Type: MCSA

The student with children plans a family study time each evening for the entire family. The student and children spend time reading and doing homework. This strategy will have a positive effect on the children because:

1. Children need to be told when to do homework.
2. Children imitate their parents' behavior

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3. Children will watch less television.
4. Children will get better grades in school.

Correct Answer: 2

Rationale 1: Parents are the role models for their children. A parent who sets a study time is setting an example that is positive for the children. The other answer options are incorrect, or not enough information is known about the situation to verify any truth in those answers.

Rationale 2: Parents are the role models for their children. A parent who sets a study time is setting an example that is positive for the children. The other answer options are incorrect, or not enough information is known about the situation to verify any truth in those answers.

Rationale 3: Parents are the role models for their children. A parent who sets a study time is setting an example that is positive for the children. The other answer options are incorrect, or not enough information is known about the situation to verify any truth in those answers.

Rationale 4: Parents are the role models for their children. A parent who sets a study time is setting an example that is positive for the children. The other answer options are incorrect, or not enough information is known about the situation to verify any truth in those answers.

Global Rationale:

Cognitive Level: Understanding

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Describe three important aspects of time management that support academic survival in nursing education.

Question 18

Type: MCMA

Which of the following time management skills would be most beneficial to the student learning to manage time? Select all that apply.

Standard Text: Select all that apply.

1. Planning
2. Implementing
3. Prioritizing
4. Organizing

5. Setting goals

Correct Answer: 1,4

Rationale 1: Planning and organizing will help the student nurse manage time. Prioritizing helps the student figure out what to do first and how to best arrange the day to get everything done in a timely manner. Implementing is not a time management skill but an action. Setting goals is helpful, but does not relate to time management.

Rationale 2: Planning and organizing will help the student nurse manage time. Prioritizing helps the student figure out what to do first and how to best arrange the day to get everything done in a timely manner. Implementing is not a time management skill but an action. Setting goals is helpful, but does not relate to time management.

Rationale 3: Planning and organizing will help the student nurse manage time. Prioritizing helps the student figure out what to do first and how to best arrange the day to get everything done in a timely manner. Implementing is not a time management skill but an action. Setting goals is helpful, but does not relate to time management.

Rationale 4: Planning and organizing will help the student nurse manage time. Prioritizing helps the student figure out what to do first and how to best arrange the day to get everything done in a timely manner. Implementing is not a time management skill but an action. Setting goals is helpful, but does not relate to time management.

Rationale 5: Planning and organizing will help the student nurse manage time. Prioritizing helps the student figure out what to do first and how to best arrange the day to get everything done in a timely manner. Implementing is not a time management skill but an action. Setting goals is helpful, but does not relate to time management.

Global Rationale:

Cognitive Level: Remembering

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome: Discuss the importance of time management for students in a nursing program.

Question 19

Type: MCSA

The student nurse understands that there are values that all nurses share. The core characteristic of nursing is:

1. precision.
2. brevity.

3. caring.
4. problem solving.
- 5.

Correct Answer: 3

Rationale 1: This is a crucial quality in nursing, but not the core characteristic on which nursing is built.

Rationale 2: Brevity is not the core characteristic of nursing.

Rationale 3: Nurses are guided by a philosophy of caring.

Rationale 4: This is a critical thinking skill that is important, but not based around the core characteristic.

Rationale 5:

Global Rationale:

Cognitive Level: Understanding

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 20

Type: MCSA

Nursing pays careful attention to which of the following foundational aspects of nursing to prevent the spread of infection and promote healing:

1. Hygiene
2. Timeliness
3. Communication
4. Training
- 5.

Correct Answer: 1

Rationale 1: Attention to hygiene and the importance of cleanliness in the environment was one of the foundations of nursing care first established by Florence Nightingale.

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Rationale 2: Timeliness is an important quality in nursing, especially when administering medications and treatments, but not key in preventing infections.

Rationale 3: Communication is not key in the prevention of infection.

Rationale 4: Training is important, but not foundational aspect of the profession of nursing.

Rationale 5:

Global Rationale:

Cognitive Level: Remembering

Client Need: Physiological Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 21

Type: MCSA

As the nurse matures in the profession, he or she will come to share which of the following values and behaviors of the professional nurse?

1. Caring
2. Timeliness
3. Precision
4. Hygiene
5. Knowledge

Correct Answer: 4

Rationale 1: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 2: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 3: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 4: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

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Rationale 5: Knowledge is important, and increasing with each day of practice. Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Global Rationale:

Cognitive Level:

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome:

Question 22

Type: MCSA

In order to make reading and studying easier, the nursing student will:

1. review the table of contents and look over appendices of the textbook.
2. study whenever a few minutes are free.
3. take long detailed notes.
4. highlight as the assignments are read.
- 5.

Correct Answer: 1

Rationale 1: By spending a few minutes becoming familiar with the book, the student will be ready to use the book when assignments are given.

Rationale 2: Setting aside a blocks of time for studying, sleeping, leisure, work and social time is more likely to yield productive study time.

Rationale 3: Note taking is most effective when brief and accurate.

Rationale 4: The use of highlighting is more productive if saved for reviewing lecture notes or marking the location of answers to the chapter's study questions.

Rationale 5:

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

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Nursing/Integrated Concepts: Nursing Process: Planning
Learning Outcome:

Question 23

Type: MCSA

Each nursing student will develop his or her own style of taking notes; an important part of note taking is to

1. write the instructors lecture word for word.
2. use your own words and review regularly.
3. write the notes and study them before a test.
4. tape the lectures to listen to them later.
- 5.

Correct Answer: 2

Rationale 1: Using your own words and reviewing your notes regularly will assist the student in remembering the information.

Rationale 2: Using your own words and reviewing your notes regularly will assist the student in remembering the information.

Rationale 3: Using your own words and reviewing your notes regularly will assist the student in remembering the information.

Rationale 4: Using your own words and reviewing your notes regularly will assist the student in remembering the information.

Rationale 5:

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 24

Type: MCMA

Effective studying techniques include:

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Standard Text: Select all that apply.

1. developing a plan for studying.
2. taking concise, accurate notes.
3. outlining the chapters after reading.
4. using positive self talk.
5. always studying alone.

Correct Answer: 1,3,4

Rationale 1: It is important to use the study skills frequently, and developing a study plan. Note taking, outlining, study groups and a positive attitude are important to effective studying.

Rationale 2: It is important to use the study skills frequently, and developing a study plan. Note taking, outlining, study groups and a positive attitude are important to effective studying.

Rationale 3: It is important to use the study skills frequently, and developing a study plan. Note taking, outlining, study groups and a positive attitude are important to effective studying.

Rationale 4: It is important to use the study skills frequently, and developing a study plan. Note taking, outlining, study groups and a positive attitude are important to effective studying.

Rationale 5: It is important to use the study skills frequently, and developing a study plan. Note taking, outlining, study groups and a positive attitude are important to effective studying.

Global Rationale:

Cognitive Level: Remembering

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 25

Type: MCSA

The student or patient who learns best primarily by taking notes or doing a procedure is referred to as a:

1. visual learner.
2. auditory learner.

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3. kinesthetic learner.

4. mixed learner.

5.

Correct Answer: 3

Rationale 1: The visual learner prefers using pictures, images and reading material.

Rationale 2: The auditory learner prefers listening to lectures, sounds and music.

Rationale 3: The kinesthetic learner prefers using the sense of touch, taking notes, handling material or generally being hands on.

Rationale 4: The mixed learner is not a primary learning style.

Rationale 5:

Global Rationale:

Cognitive Level: Applying

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 26

Type: MCMA

Examples of positive self talk include:

Standard Text: Select all that apply.

1. "I will never be able to do this without help."
2. "I can repeat the steps of this procedure until I get them right."
3. "This project is so big."
4. "This big project can be broken into smaller pieces."
5. "My workload is too heavy."

Correct Answer: 2,4

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Rationale 1: Positive self talk helps to calm and control stress. It influences self-esteem, and energy level. Affirmations are a way to improve self-talk.

Rationale 2: Positive self talk helps to calm and control stress. It influences self-esteem, and energy level. Affirmations are a way to improve self-talk.

Rationale 3: Positive self talk helps to calm and control stress. It influences self-esteem, and energy level. Affirmations are a way to improve self-talk.

Rationale 4: Positive self talk helps to calm and control stress. It influences self-esteem, and energy level. Affirmations are a way to improve self-talk.

Rationale 5: Positive self talk helps to calm and control stress. It influences self-esteem, and energy level. Affirmations are a way to improve self-talk.

Global Rationale:

Cognitive Level: Applying

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 27

Type: MCMA

The nursing student can use which of the following strategies to prevent feeling overwhelmed by the additional role of student by using which of the following strategies?

Standard Text: Select all that apply.

1. Fill in holidays, vacations, medical, and dental appointments in to a planning calendar.
2. Add due dates for homework and tests as they are assigned.
3. Schedule study time on the calendar.
4. Squeeze personal and social time into schedule as other scheduled items are completed.
5. Delegate all household and family responsibilities for the duration of the program.

Correct Answer: 1,2,3

Rationale 1: Having a plan and scheduling school and personal appointments will help to work within time limits, as well as helping to organize career and life in the future.

Rationale 2: Having a plan and scheduling school and personal appointments will help to work within time limits, as well as helping to organize career and life in the future.

Rationale 3: Having a plan and scheduling school and personal appointments will help to work within time limits, as well as helping to organize career and life in the future.

Rationale 4: Having a plan and scheduling school and personal appointments will help to work within time limits, as well as helping to organize career and life in the future.

Rationale 5: Having a plan and scheduling school and personal appointments will help to work within time limits, as well as helping to organize career and life in the future.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 28

Type: MCSA

A group of nursing students who study together plan their sessions to include a variety of activities in order to:

1. include time for quizzing.
2. answer all of each others questions.
3. focus the study time and sustain people's drive and focus.
4. have enough time for breaks.
- 5.

Correct Answer: 3

Rationale 1: Quizzing is an activity that needs to be planned, but not the reason to plan the session.

Rationale 2: Answering questions is one of the activities to plan, but not the only reason to plan the session.

Rationale 3: Maintaining the participants' interest and energy level are the main reasons for planning study session activities.

Rationale 4: Breaks need to be planned, but not the reason to plan the session.

Rationale 5:

Global Rationale:

Cognitive Level: Analyzing

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 29

Type: ExhibitSA

Based on the sample time management schedule, the nursing student needs to allow at least _____ hours of sleep.

1. 6

2. 12

3. 8

4. 4

5.

Correct Answer: 3

Rationale 1:

Rationale 2:

Rationale 3:

Rationale 4:

Rationale 5:

Global Rationale:

Cognitive Level: Applying

Client Need: Physiological Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

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Question 30**Type:** MCSA

The enrollment in a concentrated LPN/LVN program impacts:

1. only the student.
2. the student's work.
3. the student's family, job, and personal responsibilities.
4. only extracurricular activities.
- 5.

Correct Answer: 3

Rationale 1: While the student's life is certainly affected, he or she is not the only person affected by enrollment in school.

Rationale 2: While the student's work is certainly affected is not the only aspect of the student's life affected by enrollment in school.

Rationale 3: The student's family and children, work, social and personal responsibilities and activities will be affected by enrollment in school. The time the student spends in school and studying will take time from the other activities.

Rationale 4: While the student's extracurricular activities are certainly affected, it is not the only aspect of the student's life affected by enrollment in school.

Rationale 5:

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 31**Type:** MCSA

Multiple choice questions can evaluate the student's knowledge of the facts, as well as:

1. his or her ability to apply the knowledge to the clinical care scenario.

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2. the ability to select professional options.
3. the ability to determine stem and answer.
4. the ability to avoid distractors.
- 5.

Correct Answer: 1

Rationale 1: Application of knowledge is important in developing critical thinking skills.

Rationale 2: This is not a part of the evaluation process.

Rationale 3: The student will need to determine the stem and the answer, but the multiple choice question is not evaluating this ability.

Rationale 4: The student will need to determine the distractors from the correct answer, but the multiple choice question is not evaluating this ability.

Rationale 5:

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 32

Type: MCSA

When answering multiple choice questions, strategies for elimination of choices include:

1. identifying one choice as correct to eliminate "none of the above" as a choice.
2. Identifying one choice as incorrect to eliminate "all of the above" as a choice.
3. Once a choice is identified, do not go back and change it.
4. Once finished with a test, go back and review and change answers as needed.
5. Realize that most often, the first choice of the correct answer is correct.

Correct Answer: 5

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Rationale 1: Strategies for selecting the correct answer include identifying one or more correct or incorrect answer to eliminate an “all of the above” or “none of the above” answers. In addition, changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 2: Strategies for selecting the correct answer include identifying one or more correct or incorrect answer to eliminate an “all of the above” or “none of the above” answers. In addition, changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 3: Strategies for selecting the correct answer include identifying one or more correct or incorrect answer to eliminate an “all of the above” or “none of the above” answers. In addition, changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 4: Strategies for selecting the correct answer include identifying one or more correct or incorrect answer to eliminate an “all of the above” or “none of the above” answers. In addition, changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 5: Strategies for selecting the correct answer include identifying one or more correct or incorrect answer to eliminate an “all of the above” or “none of the above” answers. In addition, changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 33

Type: MCSA

As the student progresses through the course of study, the clinical experience will

1. involve assisting with the care of one client.
2. involve assisting with more clients with more complex illnesses and needs.
3. Involve performing skills for the first time on the client.
4. involve reading when not busy with the patient assignment.
- 5.

Correct Answer: 2

Rationale 1: As the course of study progresses, the student will be assigned more than one client.

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Rationale 2: As the course of study progresses, the student will be assigned more than one client. The clients will be sicker, with more nursing needs.

Rationale 3: The student is responsible for preparing for clinical by practicing skills repeatedly so he or she will be able to know what to do quickly and efficiently in the clinical setting.

Rationale 4: In the clinical setting, it is important to take advantage of all learning opportunities that are presented. The student should talk to staff, asking questions and observing as appropriate.

Rationale 5:

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 34

Type: MCSA

Nursing students will utilize time management skills when:

1. something unpredictable occurs.
2. reviewing medications.
3. prioritizing client care needs.
4. collecting data.
- 5.

Correct Answer: 3

Rationale 1: Flexibility is an important skill when organizing the clinical day.

Rationale 2: Reviewing medications is part of the preparation process each student should do prior to the clinical day.

Rationale 3: Prioritizing client care needs utilizes time management skills, as well as data collection, and flexibility in order to provide competent patient care.

Rationale 4: Collecting data is part of the nursing assessment done during the course of determining client needs.

Rationale 5:

Global Rationale:

Cognitive Level: Analyzing

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 35

Type: MCSA

The student nurse understands that there are values that all nurses share. The core characteristic of nursing is:

1. Precision.
2. Brevity.
3. Caring.
4. Problem solving.

Correct Answer: 3

Rationale 1: This is a crucial quality in nursing, but not the core characteristic on which nursing is built.

Rationale 2: Brevity is not the core characteristic of nursing.

Rationale 3: Nurses are guided by a philosophy of caring.

Rationale 4: This is a critical thinking skill that is important, but not based around the core characteristic.

Global Rationale:

Cognitive Level: Understanding

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 36

Type: MCSA

Nursing pays careful attention to which of the following foundational aspects of nursing to prevent the spread of infection and promote healing?

1. Hygiene

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2. Timeliness
3. Communication
4. Training

Correct Answer: 1

Rationale 1: Attention to hygiene and the importance of cleanliness in the environment were among the foundations of nursing care first established by Florence Nightingale.

Rationale 2: Timeliness is an important quality in nursing, especially when administering medications and treatments, but is not key in preventing infections.

Rationale 3: Communication is not key in the prevention of infection.

Rationale 4: Training is important, but not a foundational aspect of the profession of nursing.

Global Rationale:

Cognitive Level: Remembering

Client Need: Physiological Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 37

Type: MCMA

As the nurse matures in the profession, he will come to share which of the following values and behaviors of the professional nurse?

Standard Text: Select all that apply.

1. Caring
2. Timeliness
3. Precision
4. Hygiene
5. Knowledge

Correct Answer: 1,2,3,4

Rationale 1: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 2: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 3: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 4: Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Rationale 5: Knowledge is important, and increases with each day of practice. Caring, timeliness, precision, and hygiene are among the hallmark behaviors and qualities of professional nurses.

Global Rationale:

Cognitive Level:

Client Need:

Client Need Sub:

Nursing/Integrated Concepts:

Learning Outcome:

Question 38

Type: MCSA

In order to make reading and studying easier, the nursing student will:

1. Review the table of contents and look over appendices of the textbook.
2. Study whenever a few minutes are free.
3. Take long, detailed notes.
4. Highlight as the assignments are read.

Correct Answer: 1

Rationale 1: By spending a few minutes becoming familiar with the book, the student will be ready to use the book when assignments are given.

Rationale 2: Setting aside blocks of time for studying, sleeping, leisure, work, and social time is more likely to yield productive study time.

Rationale 3: Note taking is most effective when brief and accurate.

Rationale 4: The use of highlighting is more productive if saved for reviewing lecture notes or marking the locations of answers to the chapter's study questions.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 39

Type: MCSA

Each nursing student will develop her own style of taking notes; an important part of note taking is to:

1. Write the instructor's lecture word for word.
2. Use your own words and review regularly.
3. Write the notes and study them before a test.
4. Tape the lectures to listen to them later.

Correct Answer: 2

Rationale 1: Using your own words and reviewing your notes regularly will assist you in remembering the information.

Rationale 2: Using your own words and reviewing your notes regularly will assist you in remembering the information.

Rationale 3: Using your own words and reviewing your notes regularly will assist you in remembering the information.

Rationale 4: Using your own words and reviewing your notes regularly will assist you in remembering the information.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 40

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Type: MCMA

Effective studying techniques include:

Standard Text: Select all that apply.

1. Developing a plan for studying.
2. Taking concise, accurate notes.
3. Outlining the chapters after reading.
4. Using positive self-talk.
5. Always studying alone.

Correct Answer: 1,3,4

Rationale 1: It is important to use the study skills frequently and develop a study plan. Note taking, outlining, study groups, and a positive attitude are important to effective studying.

Rationale 2: It is important to use the study skills frequently and develop a study plan. Note taking, outlining, study groups, and a positive attitude are important to effective studying.

Rationale 3: It is important to use the study skills frequently and develop a study plan. Note taking, outlining, study groups, and a positive attitude are important to effective studying.

Rationale 4: It is important to use the study skills frequently and develop a study plan. Note taking, outlining, study groups, and a positive attitude are important to effective studying.

Rationale 5: It is important to use the study skills frequently and develop a study plan. Note taking, outlining, study groups, and a positive attitude are important to effective studying.

Global Rationale:

Cognitive Level: Remembering

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 41

Type: MCSA

The student or patient who learns best primarily by taking notes or doing a procedure is referred to as a:

1. Visual learner.

2. Auditory learner.
3. Kinesthetic learner.
4. Mixed learner.

Correct Answer: 3

Rationale 1: The visual learner prefers using pictures, images, and reading material.

Rationale 2: The auditory learner prefers listening to lectures, sounds, and music.

Rationale 3: The kinesthetic learner prefers using the sense of touch, taking notes, handling material, or generally being hands on.

Rationale 4: The mixed learner is not a primary learning style.

Global Rationale:

Cognitive Level: Applying

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 42

Type: MCMA

Examples of positive self-talk include:

Standard Text: Select all that apply.

1. "I will never be able to do this without help."
2. "I can repeat the steps of this procedure until I get them right."
3. "This project is so big."
4. "This big project can be broken into smaller pieces."
5. "My workload is too heavy."

Correct Answer: 2,4

Rationale 1: Positive self-talk helps to calm and control stress. It influences self-esteem and energy level. Affirmations are a way to improve self-talk.

Rationale 2: Positive self-talk helps to calm and control stress. It influences self-esteem and energy level. Affirmations are a way to improve self-talk.

Rationale 3: Positive self-talk helps to calm and control stress. It influences self-esteem and energy level. Affirmations are a way to improve self-talk.

Rationale 4: Positive self-talk helps to calm and control stress. It influences self-esteem and energy level. Affirmations are a way to improve self-talk.

Rationale 5: Positive self-talk helps to calm and control stress. It influences self-esteem and energy level. Affirmations are a way to improve self-talk.

Global Rationale:

Cognitive Level: Applying

Client Need: Psychosocial Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 43

Type: MCMA

The nursing student can use which of the following strategies to prevent feeling overwhelmed by the additional role of student?

Standard Text: Select all that apply.

1. Fill in holidays, vacations, and medical and dental appointments on a planning calendar.
2. Add due dates for homework and tests as they are assigned.
3. Schedule study time on the calendar.
4. Squeeze personal and social time into schedule as other scheduled items are completed.
5. Delegate all household and family responsibilities for the duration of the program.

Correct Answer: 1,2,3

Rationale 1: Having a plan and scheduling school and personal appointments will help to work within time limits and organize career and life in the future.

Rationale 2: Having a plan and scheduling school and personal appointments will help to work within time limits and organize career and life in the future.

Rationale 3: Having a plan and scheduling school and personal appointments will help to work within time limits and organize career and life in the future.

Rationale 4: Having a plan and scheduling school and personal appointments will help to work within time limits and organize career and life in the future.

Rationale 5: Having a plan and scheduling school and personal appointments will help to work within time limits and organize career and life in the future.

Global Rationale:

Cognitive Level: Applying

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome:

Question 44

Type: MCSA

A group of nursing students who study together plan their sessions to include a variety of activities in order to:

1. Include time for quizzing.
2. Answer all of each other's questions.
3. Focus the study time and sustain people's drive and focus.
4. Have enough time for breaks.

Correct Answer: 3

Rationale 1: Quizzing is an activity that needs to be planned, but not the reason to plan the session.

Rationale 2: Answering questions is one of the activities to plan, but not the only reason to plan the session.

Rationale 3: Maintaining the participants' interest and energy level are the main reasons for planning study session activities.

Rationale 4: Breaks need to be planned, but are not the reason to plan the session.

Global Rationale:

Cognitive Level: Analyzing

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

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Learning Outcome:

Question 45

Type: MCSA

Based on the sample time management schedule, the nursing student needs to allow at least _____ hours of sleep.

1. 6
2. 12
3. 8
4. 4

Correct Answer: 3

Rationale 1:

Rationale 2:

Rationale 3:

Rationale 4:

Global Rationale:

Cognitive Level: Applying

Client Need: Physiological Integrity

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 46

Type: MCSA

The enrollment in a concentrated LPN/LVN program impacts:

1. Only the student.
2. The student's work.
3. The student's family, job, and personal responsibilities.
4. Only extracurricular activities.

Correct Answer: 3

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Rationale 1: While the student's life is certainly affected, he is not the only person affected by enrollment in school.

Rationale 2: While the student's work is certainly affected, it is not the only aspect of the student's life affected by enrollment in school.

Rationale 3: The student's family and children, work, social and personal responsibilities, and activities will be affected by enrollment in school. The time the student spends in school and studying will take time from the other activities.

Rationale 4: While the student's extracurricular activities are certainly affected, they are not the only aspect of the student's life affected by enrollment in school.

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 47

Type: MCSA

Multiple-choice questions can evaluate the student's knowledge of the facts, as well as:

1. Her ability to apply the knowledge to the clinical care scenario.
2. Her ability to select professional options.
3. Her ability to determine stem and answer.
4. Her ability to avoid distractors.

Correct Answer: 1

Rationale 1: Application of knowledge is important in developing critical thinking skills.

Rationale 2: This is not a part of the evaluation process.

Rationale 3: The student will need to determine the stem and the answer, but the multiple-choice question does not evaluate this ability.

Rationale 4: The student will need to determine the distractors from the correct answer, but the multiple-choice question does not evaluate this ability.

Global Rationale:

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Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 48

Type: MCSA

When answering multiple-choice questions, strategies for elimination of choices include:

1. Identifying one choice as correct to eliminate "none of the above" as a choice.
2. Identifying one choice as incorrect to eliminate "all of the above" as a choice.
3. Not going back and changing an answer once a choice is identified.
4. Going back and reviewing and changing answers as needed once finished with a test.
5. Realizing that most often, the first instinct as to the correct answer is correct.

Correct Answer: 1

Rationale 1: Strategies for selecting the correct answer include identifying one or more correct or incorrect answers to eliminate an "all of the above" or "none of the above" answer. Changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 2: Strategies for selecting the correct answer include identifying one or more correct or incorrect answers to eliminate an "all of the above" or "none of the above" answer. Changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 3: Strategies for selecting the correct answer include identifying one or more correct or incorrect answers to eliminate an "all of the above" or "none of the above" answer. Changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 4: Strategies for selecting the correct answer include identifying one or more correct or incorrect answers to eliminate an "all of the above" or "none of the above" answer. Changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Rationale 5: Strategies for selecting the correct answer include identifying one or more correct or incorrect answers to eliminate an "all of the above" or "none of the above" answer. Changing questions after answering often changes a correct answer to an incorrect answer, as the first answer chosen is often correct.

Global Rationale:

Cognitive Level: Applying

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Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Implementation

Learning Outcome:

Question 49

Type: MCSA

As the student progresses through the course of study, the clinical experience will

1. Involve assisting with the care of one client.
2. Involve assisting with more clients with more complex illnesses and needs.
3. Involve performing skills for the first time on the client.
4. Involve reading when not busy with the patient assignment.

Correct Answer: 2

Rationale 1: As the course of study progresses, the student will be assigned more than one client.

Rationale 2: As the course of study progresses, the student will be assigned more than one client. The clients will be sicker, with more nursing needs.

Rationale 3: The student is responsible for preparing for clinical by practicing skills repeatedly so he will be able to know what to do quickly and efficiently in the clinical setting.

Rationale 4: In the clinical setting, it is important to take advantage of all learning opportunities that are presented. The student should talk to staff, asking questions and observing as appropriate.

Global Rationale:

Cognitive Level: Understanding

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Assessment

Learning Outcome:

Question 50

Type: MCSA

Nursing students will utilize time-management skills when:

1. Something unpredictable occurs.
2. Reviewing medications.

3. Prioritizing client care needs.

4. Collecting data.

Correct Answer: 3

Rationale 1: Flexibility is an important skill when organizing the clinical day.

Rationale 2: Reviewing medications is part of the preparation process each student should perform prior to the clinical day.

Rationale 3: Prioritizing client care needs utilizes time-management skills as well as data collection, and flexibility in order to provide competent patient care.

Rationale 4: Collecting data is part of the nursing assessment performed during the course of determining client needs.

Global Rationale:

Cognitive Level: Analyzing

Client Need: Safe Effective Care Environment

Client Need Sub:

Nursing/Integrated Concepts: Nursing Process: Planning

Learning Outcome: