

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) A common theme contained in definitions of nursing is that 1) _____
 - A) nursing is caring that is concerned with health promotion, maintenance, restoration, and support of the dying.
 - B) nursing is caring that can benefit either the community or the individual.
 - C) nursing is caring that involves knowledge about advances in technology.
 - D) nursing is caring that focuses on the commonalties among individuals and groups.

- 2) Which of the following activities demonstrates nursing autonomy? 2) _____
 - A) establishing a governing board to enforce regulations and laws
 - B) creating a professional representative organization
 - C) having authority to define nursing functions and roles
 - D) receiving direct reimbursement for nursing services

- 3) The nurse who assists the client to identify and cope with stressful psychological or social problems is functioning in the role of 3) _____
 - A) counsellor.
 - B) teacher.
 - C) change agent.
 - D) leader.

- 4) A nurse who functions in the role of the client advocate 4) _____
 - A) shares his or her own preferences with the client.
 - B) supports the client's decisions.
 - C) makes decisions for the client.
 - D) counsels the client about the appropriate decisions.

- 5) Which of the following nursing roles requires delegated authority within a formal organization? 5) _____
 - A) teacher
 - B) communicator or helper
 - C) manager
 - D) leader

- 6) Which of the following is considered to be an expanded nursing role? 6) _____
 - A) nurse aide
 - B) home health nurse
 - C) nurse midwife
 - D) staff nurse

- 7) Nursing practice standards 7) _____
 - A) are used to guide the legal limits of practice.
 - B) act as suggested guidelines for acute care nursing practice.
 - C) represent acceptable requirements for determining quality nursing care.
 - D) outline the policies and procedures that guide nursing practice.

- 8) An historical analysis of nurses as agents of the state lead to an understanding of 8) _____
 - A) the development of nursing education.
 - B) nurses' influence on social, political and economic agendas.
 - C) the impact of immigration on disease transmission.
 - D) the importance of first Nations women to the health of white settlers.

- 9) The term *patient* usually implies that the person is 9) _____
A) proactive in his or her health care needs. B) a collaborator in his or her care.
C) seeking assistance because of illness. D) using a service or commodity.
- 10) A nurse is careful to cover the client during a bath. This action describes which of the following nursing roles? 10) _____
A) communicator B) caregiver C) teacher D) client advocate
- 11) A client wishes to discontinue treatment for his cancer. Acting as the client advocate, the nurse makes this statement to the client's physician: 11) _____
A) "The client is making his own decision."
B) "Let's educate the family about the consequences of this decision."
C) "The family must be involved in this decision."
D) "The client would benefit from additional information about treatment options."
- 12) A nurse is working closely with a client regarding a chemotherapy regimen, providing consultation, education, and direction for the client and the client's family. This nurse would most likely be certified as which of the following? 12) _____
A) nurse practitioner B) nurse educator
C) clinical nurse specialist D) licensed practical nurse
- 13) Factors that contributed to the establishment of formal nursing education include 13) _____
A) development of midwifery as a specialty.
B) government control over educational institutions.
C) an increasing understanding of disease transmission and treatment.
D) demands for wage equity by women.
- 14) Virginia Henderson's definition of nursing differs from Nightingale's in that Henderson's 14) _____
A) included care of both *well* and *ill* individuals.
B) stipulated that only individuals educated as nurses could be defined as nurses.
C) includes the client and their environment.
D) recognized the autonomy of the nursing role.
- 15) Theoretical definitions of nursing 15) _____
A) clearly delineate between medicine and nursing.
B) describe the interrelationship among nurses, nursing, the client and health.
C) are an agreed-upon set of nursing tasks and expected outcomes.
D) describe the roles of the nurses' aid, the practical nurse and the registered nurse.
- 16) A group of student nurses develop a "healthy lunch" initiative at their university. This is an example of 16) _____
A) a restorative health initiative. B) prevention of illness.
C) promoting health and wellness. D) information sharing.
- 17) One of the four areas of nursing practice is *restoring health*. Which of the following is reflective of this area? 17) _____
A) a nurse providing prenatal and infant care to a group of clients
B) a street nurse caring for a person with a history of substance use
C) a research nurse investigating the effects of an aerial spray for gypsy moth control
D) a public health nurse educating a class which includes a child with a severe peanut allergy

- 18) One of the five conditions that provincial and territorial health plans must meet in order to receive funding is *accessibility*. Which of the following is an example of meeting this condition? 18) _____
- A) a full continuum of health care services including prevention, rehabilitation and complex care
 - B) an invitation for public participation in planning health care initiatives
 - C) only permitting hospitals that operate as non-profits within a health authority
 - D) the opening of a bi-weekly pediatric cancer clinic in a small community
- 19) The principles of primary health care include *intersectoral cooperation*. Which of the following is an example of this principle? 19) _____
- A) including affordable housing and employment initiatives in health care planning
 - B) an increased emphasis on helping clients stay well rather than on treating illness
 - C) amalgamation of municipal police, fire and ambulance services
 - D) community gardens to provide safe, organic produce to inner city families
- 20) *Primary health care* differs from *primary care* and *primary nursing* in that 20) _____
- A) *primary nursing* and *primary care* are not recognized by the World Health Organization.
 - B) *primary nursing* and *primary care* are practiced only in northern regions requiring outpost nurses.
 - C) *primary nursing* and *primary care* are found only in hospital settings, and *primary health care* includes the community.
 - D) *primary nursing* and *primary care* are illness oriented, and *primary health care* is wellness oriented.
- 21) Nurse Practice Acts differ in various jurisdictions within Canada, but all have one common purpose which is to 21) _____
- A) protect the public.
 - B) monitor practice standards.
 - C) monitor collective bargaining during contract negotiations for nurses.
 - D) develop nursing curricula.
- 22) The criteria of a profession include having a specialized body of knowledge. Which of the following reflects this criterion in the nursing profession? 22) _____
- A) having the ability to develop its own code of ethics
 - B) having the legal authority to define its scope of practice
 - C) having a baccalaureate degree as the entry to practice
 - D) participation in research
- 23) Explaining the present economic challenges to students in the community health course, the nurse educator would emphasize the importance of nurses being familiar with which of the following? 23) _____
- A) the looming nurse shortage
 - B) the shift from health promotion to health restoration
 - C) the emphasis shift from inpatient to outpatient care
 - D) the advances in science and technology
- 24) Nursing students offer free occult blood testing to screen for bowel cancer at a college health day. This activity would be an example of which area of nursing practice? 24) _____
- A) promoting health and wellness
 - B) rehabilitation
 - C) illness prevention
 - D) restoring health

- 25) A nurse is working on a busy surgical floor in a large inner city hospital. He has four years of experience, and is able to organize and plan care for four patients. He has developed a holistic understanding of the people he cares for, and includes long-term goals for his patients. Which of Benner's five stages of nursing is he working within? 25) _____
- A) stage III Competent Practitioner B) stage II Advanced Beginner
C) stage V Expert Practitioner D) stage IV Proficient Practitioner
- 26) First Nations women provided health care to white settlers , particularly in the field of 26) _____
- A) pain management B) herbal remedies
C) end of life care D) midwifery and childhood illnesses
- 27) Which of the following nurses is demonstrating work in Benner's Stage V *Expert Practitioner*? 27) _____
- A) a nurse who can plan long-term goals for patients
B) a nurse who will take a certain action because "it feels right"
C) a nurse who refers to a policy and procedure manual prior to providing care
D) a nurse who can organize and plan care for four surgical patients

Answer Key

Testname: UNTITLED1

- 1) A
- 2) C
- 3) A
- 4) B
- 5) C
- 6) C
- 7) C
- 8) B
- 9) C
- 10) B
- 11) A
- 12) C
- 13) C
- 14) A
- 15) B
- 16) C
- 17) B
- 18) D
- 19) A
- 20) D
- 21) A
- 22) D
- 23) C
- 24) D
- 25) D
- 26) D
- 27) B