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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Social work has the following in common with other helping professions, such as counseling, psychology, and psychiatry: ​   |  |  |  | | --- | --- | --- | |  | a. | ​They all target the environment for change when necessary | |  | b. | ​They all stress advocacy for clients | |  | c. | ​They all have a common core for interviewing and counseling skills | |  | d. | ​All of the above |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 2. ​Social work fields of practice include \_\_\_\_\_ social work.   |  |  |  | | --- | --- | --- | |  | a. | ​Forensic | |  | b. | ​Occupational | |  | c. | ​Police | |  | d. | ​All of the above |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 3. Which of the following is NOT true about general systems theory?   |  |  |  | | --- | --- | --- | |  | a. | ​Major terms include system, homeostasis, and equifinality | |  | b. | ​The concept of social environment is grounded in systems theory | |  | c. | ​Major terms include person-in-environment, interface, and adaptation | |  | d. | ​It refers to living, dynamic interactions |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 4. The systems theory concept of \_\_\_\_\_ is defined as energy, information, or communication flow received from other systems.​   |  |  |  | | --- | --- | --- | |  | a. | ​Dynamic | |  | b. | ​Homeostasis | |  | c. | ​Equifinality | |  | d. | ​Input |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 5. Maintaining a relatively stable, constant state of equilibrium or balance is the definition of the \_\_\_\_\_ concept in systems theory.​   |  |  |  | | --- | --- | --- | |  | a. | ​Dynamic | |  | b. | ​Homeostasis | |  | c. | ​Equifinality | |  | d. | ​Input |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 6. The systems theory concept of \_\_\_\_\_ is defined as many different means to the same end.​   |  |  |  | | --- | --- | --- | |  | a. | ​Dynamic | |  | b. | ​Homeostasis | |  | c. | ​Equifinality | |  | d. | ​Input |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 7. The natural power of active involvement between people and their environments is the definition of which of the following ecological terms?​   |  |  |  | | --- | --- | --- | |  | a. | ​Energy | |  | b. | ​Transactions | |  | c. | ​Coping | |  | d. | ​Interdependence |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 8. The mutual reliance of each person on each other person is the definition of which of the following ecological terms?​   |  |  |  | | --- | --- | --- | |  | a. | ​Energy | |  | b. | ​Transactions | |  | c. | ​Coping | |  | d. | ​Interdependence |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 9. The ecological term of \_\_\_\_\_ is defined as the active, dynamic interactions and communication people have with others in their environment.​   |  |  |  | | --- | --- | --- | |  | a. | ​Energy | |  | b. | ​Transactions | |  | c. | ​Coping | |  | d. | ​Interdependence |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 10. All of the following are true of a systems approach *except*:​   |  |  |  | | --- | --- | --- | |  | a. | ​It views problems as being interrelated with all other aspects of the system | |  | b. | ​It refers to living, dynamic interactions | |  | c. | ​It maintains that systems constantly interact with each other | |  | d. | ​It assumes a broader perspective than the ecological approach |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 11. \_\_\_\_\_ in the macro social environment are values and beliefs held by people in the social environment that are strong enough to influence people’s activities, including how government is structured or restricted.​   |  |  |  | | --- | --- | --- | |  | a. | ​Organizations | |  | b. | ​Political forces | |  | c. | ​Social forces | |  | d. | ​Micro events |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 12. Social welfare policy competency area includes:​   |  |  |  | | --- | --- | --- | |  | a. | ​The laws and regulations that govern which social programs exist, what categories of clients are served, and who qualifies for a given program | |  | b. | ​Knowledge about how to form relationships with clients | |  | c. | ​Knowledge about ethical principles | |  | d. | ​All of the above |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| 13. \_\_\_\_\_ involves efforts to change policies in legislative, agency, and community settings, whether by establishing new policies, improving existing ones, or defeating the policy initiatives of other people.​   |  |  |  | | --- | --- | --- | |  | a. | ​Policy practice | |  | b. | ​Evidentiary practice | |  | c. | ​Research-informed policy | |  | d. | ​Policy-informed research |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| 14. Which of the following curriculum areas is required for baccalaureate accreditation by the Council on Social Work Education?​   |  |  |  | | --- | --- | --- | |  | a. | ​Mental health | |  | b. | ​Corrections | |  | c. | ​Research | |  | d. | ​Forensics |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 15. \_\_\_\_\_ means social workers should use the approaches and interventions in their practice that research has determined are effective.​   |  |  |  | | --- | --- | --- | |  | a. | ​Evidence-based practice | |  | b. | ​Practice-informed research | |  | c. | ​Research-informed practice | |  | d. | ​Policy practice |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 16. The NASW *Code of Ethics* addresses the social worker’s ethical responsibilities to:​   |  |  |  | | --- | --- | --- | |  | a. | ​Society | |  | b. | ​Clients | |  | c. | ​Colleagues | |  | d. | ​All of the above |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 17. Mezzo-level skills involve working with: ​   |  |  |  | | --- | --- | --- | |  | a. | ​Small groups | |  | b. | ​Agencies | |  | c. | ​Organizations | |  | d. | ​Individual clients |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| 18. Which of the following statements is true?​   |  |  |  | | --- | --- | --- | |  | a. | ​Sometimes conflict is necessary for macro-system changes | |  | b. | ​Macro-system changes are usually quite easy | |  | c. | ​Generalist practitioners usually need only think in terms of needed changes in the individual | |  | d. | ​Pinpointing targets of change in outside systems is usually very simple |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| 19. \_\_\_\_\_ is defined in the text as the process of overseeing, directing, coordinating, enhancing, and evaluating the on-the-job performance of workers for whom the person is responsible.​   |  |  |  | | --- | --- | --- | |  | a. | ​Consultation | |  | b. | ​Supervision | |  | c. | ​Case management | |  | d. | ​Organization |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 20. ​The text defines \_\_\_\_\_ as the ability of an individual, family, group, community, or organization to recover from adversity and resume functioning even when suffering serious trouble, confusion, or hardship.   |  |  |  | | --- | --- | --- | |  | a. | ​Strength | |  | b. | ​Resistance | |  | c. | ​Compliance | |  | d. | ​Resiliency |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 21. The Council on Social Work Education requires which of the following competency areas? ​   |  |  |  | | --- | --- | --- | |  | a. | ​Forensic social work | |  | b. | ​Diversity | |  | c. | ​Adoption | |  | d. | ​Spirituality |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 22. \_\_\_\_\_ is the act of representing, championing, or defending the rights of others.​   |  |  |  | | --- | --- | --- | |  | a. | ​Social justice | |  | b. | ​Human rights | |  | c. | ​Advocacy | |  | d. | ​Economic justice |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 23. A generalist practitioner performing the role of \_\_\_\_\_ guides a group experience.​   |  |  |  | | --- | --- | --- | |  | a. | ​Case manager | |  | b. | ​Broker | |  | c. | ​Advocate | |  | d. | ​Facilitator |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 24. A generalist practitioner performing the role of \_\_\_\_\_ links client systems to needed resources.​   |  |  |  | | --- | --- | --- | |  | a. | ​Case manager | |  | b. | ​Broker | |  | c. | ​Advocate | |  | d. | ​Facilitator |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 25. A generalist practitioner performing the role of \_\_\_\_\_ steps forward and speaks out on behalf of clients in order to promote fair and equitable treatment or gain needed resources.​   |  |  |  | | --- | --- | --- | |  | a. | ​Case manager | |  | b. | ​Broker | |  | c. | ​Advocate | |  | d. | ​Facilitator |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 26. \_\_\_\_\_\_ requires the ability to carefully evaluate the validity of an assumption and even of a so-called fact.​   |  |  |  | | --- | --- | --- | |  | a. | ​Crucial assimilation | |  | b. | ​Critical thinking | |  | c. | ​Credible validity | |  | d. | ​Concrete evaluation |  |  |  | | --- | --- | | *ANSWER:* | b | |

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| 27. All of the following were listed in the text as traps to avoid by using critical thinking *except*:​   |  |  |  | | --- | --- | --- | |  | a. | ​Absence of skeptical peer review | |  | b. | ​Outward appearance of science | |  | c. | ​Extensive analysis of data | |  | d. | ​Wishful thinking |  |  |  | | --- | --- | | *ANSWER:* | c | |

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| 28. All of the following occur during the planning phase of the Generalist Intervention Model *except*:​   |  |  |  | | --- | --- | --- | |  | a. | ​Prioritizing problems | |  | b. | ​Formalizing a contract | |  | c. | ​Translating problems into needs | |  | d. | ​Identifying client strengths |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 29. The \_\_\_\_\_ step of the Generalist Intervention Model is critical for accountability, in that one must prove that his or her interventions have been effective.​   |  |  |  | | --- | --- | --- | |  | a. | ​Evaluation | |  | b. | ​Implementation | |  | c. | ​Follow-up | |  | d. | ​Assessment |  |  |  | | --- | --- | | *ANSWER:* | a | |

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| 30. The next-to-last step in the Generalist Intervention Model is:​   |  |  |  | | --- | --- | --- | |  | a. | ​Evaluation | |  | b. | ​Implementation | |  | c. | ​Follow-up | |  | d. | ​Termination |  |  |  | | --- | --- | | *ANSWER:* | d | |

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| 31. Employment of critical thinking skills is one concept of generalist practice.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 32. Competency is defined in the text as the capacity to adjust to surrounding environmental conditions.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 33. In systems theory, a “system” is a set of elements that are arranged in a random, irregular, and unpredictable pattern.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 34. The dynamic concept in the systems model refers to people with exuberant personalities.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 35. Output is the energy, information, or communication flow received from other systems.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 36. Homeostasis refers to the tendency for a system to maintain a relatively stable, constant state of equilibrium or balance.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 37. Equifinality refers to the fact that there are many different means to the same end.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 38. The action system is the individual who initiates the planned change process.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 39. Interface is the point where interaction between an individual and the environment takes place.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 40. The ecological perspective is much more useful for social work than systems theory.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 41. In the macro social environment, political forces are values and beliefs held by people in the social environment that are strong enough to influence people’s activities, including how government is structured or restricted.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 42. Policy in its simplest form might be thought of as rules.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 43. Policy practice may concern advocacy on behalf of relatively powerless groups.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 44. One reason why knowledge of social work research is important for social workers is that it can help practitioners become more effective in their practice.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 45. Research-informed practice means that social workers should use the approaches and interventions in their practice that research has determined are effective.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 46. The National Association of Social Workers’ Code of Ethics includes the social worker’s ethical responsibility to colleagues.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 47. Workers who adhere to the NASW Code of Ethics are never confronted with ethical dilemmas.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 48. Skills for working directly with families lie somewhere between the mezzo and macro levels of practice.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 49. Generalist social work practitioners must think in terms of needed changes beyond the individual client system.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 50. In order to solve problems involving organizations or communities, mastery of both micro and mezzo level skills are necessary.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 51. In social work practice, supervision and consultation are generally synonymous terms.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 52. The two factors involved in resiliency are risk factors and vulnerability factors.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 53. Political ideology refers to people’s status or ranking in society with respect to such standards as relative wealth, power, prestige, educational level, or family background.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 54. Social justice is defined as distribution of resources in a fair and equitable manner.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 55. A mediator is one who represents an organization or group trying to wrestle something from another group.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 56. The critical thinking method described in the text is called the Triple C approach.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 57. One of the pitfalls to critical thinking described in the text is the reliance on personal experience and testimonials.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 58. The authors of the text prefer the term “problem-solving” approach, as opposed to planned change.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 59. The foundation for generalist practice always involves knowledge, skills, and values.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 60. The Generalist Intervention Model involves only the macro system as a target of change.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 61. Assessment in generalist social work practice should emphasize and focus only on the micro level of practice.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 62. In the planning step of the planned-change process, primary goals should be established before translating problems into needs.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 63. The contract is the final substep in the planning process.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 64. Evaluation of implementation is critical for accountability.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

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| 65. It is best to abruptly end the worker-client relationship instead of discussing the upcoming ending so time isn’t wasted on talking about how this will affect the client.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

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| 66. Define generalist social work practice and explain what is meant by an eclectic knowledge base.   |  |  | | --- | --- | | *ANSWER:* |  | |

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| 67. Discuss the differences and similarities between systems theory and the ecological perspective.   |  |  | | --- | --- | | *ANSWER:* |  | |

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| 68. Define the social, economic, and political forces that affect people in the macro social environment.   |  |  | | --- | --- | | *ANSWER:* |  | |

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| 69. What is social welfare policy, and why is it important to you as a social worker?   |  |  | | --- | --- | | *ANSWER:* |  | |

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| 70. What are the three major features of the Generalist Intervention Model (GIM)?   |  |  | | --- | --- | | *ANSWER:* |  | |