

Chapter 1

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) The nurse is caring for an 8-year-old Amish child. When taken to the playroom, the child plays alone and does not interact with others. The nurse recognizes that this is part of the Amish cultural belief that association with non-Amish is polluting. The nurse is demonstrating:
- A) stereotyping.
 - B) racism.
 - C) cultural competence.
 - D) cultural profiling.

Answer: C

- 2) The nurse uses which of the following terms to imply that the recipient of health care services is an active participant in the health care process, with rights and responsibilities?
- A) client
 - B) consumer
 - C) advocate
 - D) patient

Answer: A

- 3) The nurse recognizes that pediatric care became an area of specialization within the last century, and credits which of the following as a primary impetus?
- A) increased infant mortality
 - B) decreased infant mortality
 - C) laws to protect children's rights
 - D) laws to protect parents' rights

Answer: B

- 4) Which of the following actions performed by the nurse represents a primary care activity?
- A) outpatient chemotherapy infusion for a child with leukemia
 - B) hospice care for a child with muscular dystrophy
 - C) postoperative care following a tonsillectomy
 - D) an immunization update as part of a preschool physical exam

Answer: D

- 5) The nurse recognizes that the goal of providing tertiary nursing care is:
- A) illness prevention.
 - B) resolution of acute conditions.
 - C) restoration of maximum function.
 - D) health maintenance.

Answer: C

- 6) The nurse working on the pediatric unit is meeting with a registered nurse, respiratory therapist, physical therapist, and chaplain to discuss the care needs of a homebound client. This nurse is demonstrating which of the following roles?
- A) volunteer
 - B) educator
 - C) consultant
 - D) collaborator

Answer: D

- 7) The nurse is preparing to document objective data. Which of the following data would the nurse document? Select all that apply.
- A) temperature 98.7°F
 - B) pain 5/10
 - C) Incision is erythematous.
 - D) hemoglobin 12.6
 - E) nausea

Answer: A, C, D

- 8) The nurse knows that homeopathy is:
- A) a Japanese technique of energy healing.
 - B) application of pressure to trigger points, helping to balance energy.
 - C) use of natural techniques such as vitamins and diet to restore health.
 - D) administration of a small amount of a substance to stimulate the immune response.

Answer: D

- 9) The nurse is caring for a child who has significant chronic medical problems. The child's mother says she cannot afford medical insurance, and does not know how she will get adequate health care for the child, because they are medically indigent. The nurse suggests that the mother might be able to get assistance with medical insurance by applying for:
- A) Aid to Families with Dependent Children.
 - B) Medicaid.
 - C) the Child Health Assessment Program.
 - D) Women, Infants, and Children Program.

Answer: B

- 10) The new graduate nurse is working with a nurse preceptor, and notices that this experienced nurse refers to clients as their diagnosis, such as "the appendix in room 204" and "the hernia in room 212." The new graduate recognizes the preceptor is not using which of the four essential features of nursing practice identified by the American Nurses Association?
- A) attention to the full range of human experiences and responses to health and illness without restriction to a problem-focused orientation
 - B) integration of objective data with subjective data
 - C) application of scientific knowledge to the process of diagnosis and treatment
 - D) provision of a caring relationship that facilitates health and healing

Answer: A

- 11) The nurse is working on a pediatric unit in an acute care facility, and overhears a registered nurse and physician talking about a new nursing approach for children diagnosed with juvenile diabetes. The best way for the nurse to learn the most up-to-date information about this new treatment would be to:
- A) read nursing textbooks saved from nursing school.
 - B) buy a new textbook on juvenile diabetes.
 - C) perform an Internet search.
 - D) read recent nursing research journals.

Answer: D

- 12) The nurse is reading a nursing research study discussing the morbidity of Wilms' tumors in children. The nurse would expect this section to discuss:
- A) the percentage of children in the United States who die from Wilms' tumors.
 - B) the number of children who recover from Wilms' tumors.
 - C) the number of children diagnosed with Wilms' tumors broken into the percentage that survive and the percentage that die.
 - D) the number of children diagnosed with Wilms' tumors.

Answer: D

- 13) The nurse recognizes that nursing research is essential to each nurse's practice because nursing research:
- A) always resolves issues of uncertainty in nursing procedures.
 - B) answers all questions regarding client care.
 - C) gives direction to nursing practice.
 - D) explains what a nurse should do in any given situation.

Answer: C

14) The nurse recognizes that community-based care is vital to bringing:

- A) tertiary health care to individuals.
- B) secondary health care to individuals.
- C) health screening to all individuals.
- D) health promotion initiatives to underserved populations.

Answer: D

15) The nurse is working in a community health clinic, and is caring for a diabetic client whose parents cannot afford to purchase medications and supplies such as syringes and insulin. The nurse recognizes the best way to improve this client's outcome is to:

- A) collaborate with Social Services and the client's physician.
- B) talk with the local pharmacy to arrange for a discount for this client.
- C) go to the pharmacy and purchase supplies for the client.
- D) suggest to the client he apply for government assistance.

Answer: A