Package Title: Testbank   
Course Title: Real World Psychology   
Chapter Number: Chapter 01

**Question Type: Multiple Choice**

1) Psychology is defined as the \_\_\_\_\_.

a) science of conscious and unconscious forces on behavior

b) empirical study of the mind

c) scientific study of the brain

d) scientific study of behavior and mental processes

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

2) According to your textbook, which of the following is a mental process?

a) remembering

b) crying

c) reading

d) sleeping

Answer: a

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

3) \_\_\_\_\_ is information that can be objectively tested and evaluated within the framework of a scientific investigation.

a) Psychological science

b) Empirical evidence

c) Critical thinking

d) Scientology

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

4) A scientist watching jackals feed on seals measures the frequency of feeding, types of competitive behaviors, and length of the feeding periods. He is gathering \_\_\_\_\_.

a) anecdotal data

b) empirical evidence

c) experimental data

d) critical evidence

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

5) What is the process of objectively evaluating, comparing, analyzing, and synthesizing information?

a) empiricism

b) the scientific method

c) critical thinking

d) mental processing

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

6) Dr. Alice Krostom responds to radio listeners who call in with relationship problems by using mostly her own common sense, beliefs, and values rather than scientific research. Although she does not claim to be a licensed psychotherapist, she calls herself "Dr. Alice" on the show. Only at the very beginning of the show does the announcer note that her doctorate is in horticulture. This type of psychological counseling would best be described as \_\_\_\_\_.

a) fraud

b) pseudopsychology

c) cybertherapy

d) managed care

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

7) Which of the following is an example of Pseudopsychology?

a) Anita thinks that she can do better on her exams if she arranges study groups with classmates.

b) Ina sees an advertisement on television for a service that will name a star after anyone you know.

c) Paula reads that people only use 10 percent of the total abilities of their brains and believes this claim.

d) Pamela thinks that the best path to getting her daughter to behave better is a combination of reinforcement and punishment.

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

8) Jill believes that she can predict an individual's personality simply by referring back to the position of the stars on the day the individual was born. Her beliefs capture the essence of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) astral projection

b) psychology

c) pseudopsychology

d) astrophysics

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

9) In what year was the first scientific laboratory of psychology founded in Leipzig, Germany?

a) 1659

b) 1879

c) 1951

d) 1764

Answer: b

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

10) The man who is generally acknowledged as the "father of psychology" is \_\_\_\_\_\_\_\_.

a) Sigmund Freud

b) B. F. Skinner

c) Wilhelm Wundt

d) William James

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

11) If you were keeping an in-depth record of your conscious awareness including sensation, images, feelings, and thoughts that you are aware of experiencing, then you would be practicing what Edward Titchener would have called \_\_\_\_\_\_\_\_\_.

a) structuralism

b) empiricism

c) functionalism

d) introspection

Answer: d

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

12) Which individual is credited with coining the term "structuralism" to describe one of the earliest schools of thought in psychology?

a) Sigmund Freud

b) John Watson

c) Harry Stack Sullivan

d) Edward Titchener

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

13) A primary challenge of the technique called introspection that was favored by structuralists is that it cannot:

a) identify what is going on within any one person's consciousness.

b) distinguish any differences between men and women, which limits its usefulness.

c) be conducted individually; many people had to be studied at the same time to achieve valid results.

d) be used to study children, animals, or more complex mental disorders.

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

14) Structuralism made an important contribution to the science of psychology because it a) established a model for studying mental processes scientifically.

b) showed how separate thoughts combined to form an idea.

c) explained why individuals experience stimuli differently.

d) highlighted why different scientific methods are needed to study children and adults.

Answer: a

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

15) \_\_\_\_\_ was a school of psychological thought that investigated how mental processes help humans and other animals adapt to their environment.

a) Structuralism

b) Gestalt

c) Cognitive processing

d) Functionalism

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

16) Functionalism made an important contribution to the science of psychology because it \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) explained why different individuals experience stimuli differently

b) drew the line between branches of psychology so that each had its own function

c) expanded the scope of psychology to consider emotion and observable behavior

d) specified precisely the scope of psychology as dealing with mental processes

Answer: c

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

17) The belief that the unconscious mind has an influence on one's behavior is part of the \_\_\_\_\_\_\_\_ theory of personality.

a) psychobiological

b) psychosocial

c) psychoanalytic

d) psychobehavioral

Answer: c

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

18) The physician who was fascinated by the ability of the unconscious mind to influence the body was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) Edward Titchener

b) Sigmund Freud

c) William James

d) B. F. Skinner

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

19) Which of the following is an important reason why many of Freud's followers moved away from his school of thought?

a) He put too much emphasis on sex and aggression as motives for behavior.

b) He believed too strongly that the mind influences the body in diseases such as cancer. .

c) He put too much emphasis on social relationships and social motives in explaining behavior.

d) He believed too strongly that defense mechanisms such as transference were a factor in behavior.

Answer: a

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

20) One part of Freudian theory that is still accepted by many psychotherapists today is the influence of:

a) sexual drives on behavior.

b) aggressive drives on behavior.

c) the unconscious mind on behavior.

d) the environment on behavior.

Answer: c

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

21) The psychological perspective that emphasizes objective, observable environmental influences on overt behavior is called the \_\_\_\_\_\_\_\_ perspective.

a) psychodynamic

b) functionalist

c) cognitive

d) behavioral e

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

22) Behaviorists were different conceptually from earlier psychologists and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) accepted the practice of introspection

b) rejected the influence of unconscious forces

c) believed classical conditioning only applied to animals such as Pavlov's dogs

d) relied heavily on subjective measures of behavior

Answer: b

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

23) The founder of behaviorism was \_\_\_\_\_\_\_\_.

a) Sigmund Freud

b) B. F. Skinner

c) John B. Watson

d) Ivan Pavlov

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

24) Dr. Watson, from the \_\_\_\_\_ school of psychology, focused on objective, observable behavior rather than on dynamic unconscious influences on one's actions.

a) behaviorist

b) cognitive

c) developmentalist

d) conditionalist

Answer: a

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

25) Jenna is training her dog to sit, and she shows her dog Riley a treat and verbally commands him to sit, which he does. Which of the following training concepts is Jenna using?

a) introspection

b) conditioning

c) functionalism

d) shaping

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

26) The behaviorist that was convinced that behavior could be “shaped” was \_\_\_\_\_\_\_\_.

a) Sigmund Freud

b) B. F. Skinner

c) Wilhelm Wundt

d) William James

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

27) Behaviorists have been most successful in treating people with problems such as \_\_\_\_\_\_\_\_\_\_\_\_\_.

a) depression

b) anxiety

c) phobias

d) schizophrenia

Answer: c

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

28) Which of the following is a research question that a behaviorist would investigate?

a) How can we help people increase their personal development?

b) How do we learn the bad habit of smoking?

c) How does brain functioning cause psychological problems?

d) How does early childhood trauma affect adult personality?

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

29) The psychological perspective that emerged in the 1950s that stressed free will and self-actualization was the \_\_\_\_\_\_\_\_\_\_ perspective.

a) behavioral

b) cognitive

c) humanistic

d) psychodynamic

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

30) Which of the following best describes the humanistic perspective?

a) I am working on developing positively and become the best person I'm capable of being.

b) I believe that the economy and outside forces are the reason I am depressed.

c) The neurotransmitters in my brain are imbalanced and changing that will solve my problems.

d) If I go to therapy three times a week for several years and explore childhood trauma, I can resolve my problems.

Answer: a

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

31) According to Abraham Maslow, an inborn drive to develop all of one's talents and abilities is called \_\_\_\_\_.

a) self-satisfaction

b) joy

c) self-actualization

d) accomplishment

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

32) The fact that humans can voluntarily choose to engage in behavior is known as \_\_\_\_\_\_\_\_.

a) self-actualization

b) free will

c) conditioning

d) introspection

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

33) The contemporary area of research in the field of psychology that was inspired by the humanistic approach is called \_\_\_\_\_\_\_\_ psychology.

a) cognitive

b) sociocultural

c) positive

d) evolutionary

Answer: c

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

34) The psychological perspective that processes such as thinking, knowing, remembering, and communicating is the \_\_\_\_\_\_\_\_ perspective.

a) cognitive

b) gestalt

c) concept formation

d) information-processing

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

35) The model that likens the mind to a computer that sequentially takes in data, processes it, and then produces a response is called the \_\_\_\_\_\_\_\_.

a) stepwise model

b) information-processing model

c) cognitive processing model

d) reasoning model

Answer: b

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

36) Cognitive psychology focuses on \_\_\_\_.

a) conflict within the conscious mind

b) the positive, creative, growth-seeking potential of human nature

c) processes like memory, language, and perception

d) complex biochemical events involved in information processing

Answer: c

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

37) What type of psychologist would study the processes through which students go through in committing to memory information from a textbook?

a) biological

b) cognitive

c) psychoanalytic

d) behavioral

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

38) Biological psychologists emphasize that behavior is the result of \_\_\_\_\_.

a) genetics and physiological processes in the brain and nervous system

b) the belief that biology is destiny

c) the evolution of mental behavior and the development of adaptive behaviors within each species

d) understanding animal behavior so we can understand human behavior

Answer: a

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

39) Which of the following terms belong together?

a) structuralism: observable behavior

b) behaviorism: stimulus-response

c) biological: unconscious conflict

d) psychoanalytic: free will

Answer: b

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

40) Natural selection, adaptation, and reproduction are major emphases in the \_\_\_\_\_ perspective of psychology.

a) psychobiological

b) psychosocial

c) ecological

d) evolutionary

Answer: d

Difficulty: Easy  
Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

41) Charles Darwin's principle of an evolutionary process in which heritable traits that increase an organism's chance of survival and reproduction are more likely to be passed on to succeeding generations is called \_\_\_\_\_\_\_\_.

a) natural selection

b) survival of the fittest

c) evolutionary specification

d) environmental capitalization

Answer: a

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

42) Which psychological perspective emphasizes social interactions and cultural determinants of behavior and mental processes?

a) behavioral

b) sociocultural

c) environmental

d) evolutionary

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

43) The norm for standing distance between two friends during a conversation is about 3–6 feet in the United States, whereas it is only about 1–2 feet in Middle Eastern countries. This difference best reflects what type of psychology?

a) behavioral

b) sociocultural

c) environmental

d) evolutionary

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

44) The first woman to be recognized in psychology was \_\_\_\_\_.

a) Mamie Clark

b) Margaret Floy Washburn

c) Karen Horney

d) Mary Calkins

Answer: d

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

45) The first woman to earn a Ph.D. in psychology in the United States was \_\_\_\_\_\_\_\_.

a) Anna Freud

b) Margaret Floy Washburn

c) Karen Horney

d) Mary Calkins

Answer: b

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

46) The first African American to earn a Ph.D. in psychology in the United States was \_\_\_\_\_.

a) Francis Cecil Sumner

b) Edward Titchener

c) Wilhelm Wundt

d) Kenneth Clark

Answer: a

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

47) Which person of color documented the harmful effects of prejudice and directly influenced the Supreme Court's decision in the 1954 *Brown v. Board of Education* ruling that addressed racial segregation in schools?

a) Francis Cecil Sumner

b) Kenneth Clark

c) Althea Gibson

d) Mamie Clark

Answer: d

Difficulty: 3

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

48) The biopsychosocial model is known as a(n) \_\_\_\_\_\_\_.

a) integration model

b) unifying theme

c) consolidation model

d) outdated perspective

Answer: b

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

49) The \_\_\_\_\_\_\_\_\_\_\_\_\_\_ model proposes that biological processes, psychological factors, and social forces are all interrelated and inseparable influences.

a) biobehavioral environmental

b) eclectic

c) biopsychosocial

d) consolidation

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

50) The idea that depression is influenced by genetics, neurotransmitters, learned responses, thinking patterns, and socioeconomic status and culture represents the \_\_\_\_\_ model of psychology.

a) psychiatric

b) evolutionary

c) biopsychosocial

d) eclectic

Answer: c

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

51) Of the following choices, the largest specialty area in the field of psychology is \_\_\_\_\_\_\_\_\_\_\_\_ psychology.

a) educational

b) school

c) clinical

d) cognitive

Answer: c

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.1 Introducing Psychology

52) If you prepared a study to determine which areas of the brain are used for working memory, you would be conducting \_\_\_\_\_ research.

a) experimental

b) control

c) applied

d) basic

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

53) Applied research is best defined as research that explores \_\_\_\_\_\_\_\_.

a) unique problems applicable to an individual person in a laboratory setting

b) practical problems outside the laboratory in real-world settings

c) problems that apply to a controlled laboratory setting

d) problems that address the mind-body principle

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

54) Basic research is best defined as research that \_\_\_\_\_.

a) explores only one field of study

b) advances scientific knowledge

c) is independent of other disciplines d) solves simple problems encountered by humans and animals in a complex world

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

55) What type of research would study ways to enhance athletic performance?

a) independent

b) basic

c) dependent

d) applied

Answer: d

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

56) A scientist who seeks knowledge for his/her own sake is conducting \_\_\_\_\_\_\_\_\_\_\_\_\_ research.

a) basic

b) applied

c) elemental

d) fundamental

Answer: a

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

57) The first step in the scientific method is \_\_\_\_\_\_\_\_.

a) developing a theory

b) forming a testable hypothesis

c) designing a study

d)ask a question and review the literature

Answer: d

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

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58) Sergio is conducting a research study using human subjects to find out how people learn to “think outside the box”. He expects that people who are given restrictions will not think outside the box. Which of the following best describes this expectation?

a) a hypothesis

b) an operational definition

c) a meta-analysis

d) a statistically significant result

Answer: a

Difficulty: Medium  
Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

59) What stage of the scientific method will someone be at if they make a prediction that drinking alcohol will make people more violent during a sporting event?

a) developing a theory

b) forming a testable hypothesis

c) designing a study

d) reviewing the literature of existing theories

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

60) What are explicit statements describing how each variable will be observed, manipulated, and measured?

a) empirical evidence

b) operational definitions

c) statistical analyses

d) critical facts

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

61) Brianna conducts a research study and finds that her results were statistically unlikely to have occurred merely by chance; that is, they were real outcomes and not a coincidental finding. When she writes a report of her findings, she will not that they were \_\_\_\_\_\_\_\_.

a) practically meaningful

b) applicable and valid

c) internally reliable

d) statistically significant

Answer: d

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

62) Replication increases scientific confidence in a theory if the \_\_\_\_\_.

a) citations are accurate across studies

b) findings are similar across studies

c) statistics are accurate across studies

d) statistics are significant across studies

Answer: b

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

63) A researcher performs a previous study following the same procedures to see if she will get the same results. This is an example of \_\_\_\_\_.

a) an invalid research method

b) a replication of studies

c) plagiarism

d) a descriptive technique

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

64) \_\_\_\_\_\_\_\_\_\_\_\_ is a statistical procedure for combining and analyzing data from many studies.

a) Operational research

b) Recombinant analysis

c) Meta-analysis

d) Data synthesis

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

65) Someone interested in studying the effects of text-messaging rather than talking on the phone on the quality of friendships would perform a \_\_\_\_\_\_\_\_\_\_ as part of the first step in order to follow the scientific method.

a) testable hypothesis

b) theory

c) literature review

d) statistical analysis

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

65) After data from many studies have been compiled, researchers can then develop a(n) \_\_\_\_\_\_\_\_\_\_ to explain their results.

a) hypothesis

b) experimental study

c) abstract

d) theory

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

66) What are the goals of psychology?

a) to explore the conscious and unconscious functions of the human mind

b) to understand, compare, and analyze human behavior

c) to improve psychological well-being in all individuals from conception to death

d) to describe, explain, predict, and change behavior

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

67) Which of the following is the BEST example of psychology's goal of describing behavior?

a) giving an interest-inventory (test) at a college counseling center to determine what career or college choices would best suit a student

b) conducting an experiment to determine if watching violent cartoons increases aggressive behavior in preschoolers

c) videotaping an intersection with four-way stop signs and measuring the ratio of complete to incomplete stops made by drivers

d) sending first-time drug offenders to an inpatient treatment program rather than to jail

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

68) A school psychologist notes that Timmy's reluctance to speak up in class is due to the fact that his peers in the second grade laughed at him when he made a mistake several weeks ago. This is a demonstration of which goal of psychology?

a) describing behavior

b) explaining behavior

c) predicting behavior

d) changing behavior

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

69) A student is identified by her teachers as being very academically gifted, and the administration anticipates that she would do well in the school's advanced studies program. This is an example of which goal in psychology?

a) describing behavior

b) explaining behavior

c) predicting behavior

d) changing behavior

Answer: c

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

70) Which of the following is the BEST example of psychology's goal of changing

behavior?

a) conducting research into the likelihood that convicted felons will reoffend once released from prison

b) exploring the function of cutting behavior in a teenager's life so that the teenager can understand his options and make choices regarding the behavior.

c) giving an interest-inventory (test) at a college counseling center to determine what career or college choices would best suit a student

d) videotaping an intersection with four-way stop signs and measuring the ratio of complete to incomplete stops made by drivers

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

71) If a psychologist is interested in studying the risk factors that lead to delinquency in adolescence, on what goal of psychology is the researcher focused?

a) describing behavior

b) explaining behavior

c) predicting behavior

d) changing behavior

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

72) Dr. Andreissen is interested in studying why individuals with antisocial personality continue to commit crimes and hurt others without feeling any remorse. On which goal of psychology is Dr. Andreissen focused?

a) describing behavior

b) explaining behavior

c) predicting behavior

d) changing behavior

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

73) You believe that most behaviors are a product of your environment; your best friend argues that behaviors are a result of heredity. This is an example of \_\_\_\_\_.

a) the nature–nurture controversy

b) applied versus basic research

c) continuity versus discontinuity controversy

d) an objective versus subjective argument

Answer: a

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

74) A person who believes that genetics, chemical imbalances in the brain, and hormonal imbalances are responsible for explaining behavior takes the side of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) nature

b) nurture

c) both nature and nurture

d) cognitive influences

Answer: a

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

75) Watching episodes of aggression on television can cause children to become physically more aggressive. As a result, the computer V-chip was created to block violent content on television. What goal of psychology does this best represent?

a) describing behavior

b) explaining behavior

c) predicting behavior

d) changing behavior

Answer: d

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

76) According to your text, what does APA stand for?

a) American Psychological Association

b) Association of Psychological Principles for America

c) American Psychiatric Association

d) Association of People for Animals

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

77) A participant's agreement to take part in a study after being told what to expect is known as \_\_\_\_\_.

a) a double-blind design

b) the placebo effect

c) informed consent

d) debriefing

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

78) According to the rules of research ethics, when you ask the researcher if you have to complete the experiment in which you are participating, the researcher should respond with \_\_\_\_\_.

a) "You have the right to drop out of the study at any time."

b) "I'm sorry, the experiment must continue."

c) "Please continue. I will debrief you afterwards."

d) "You may drop the study now, but you will forfeit credit."

Answer: a

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

79) According to the rules of informed consent, a researcher must disclose which of the following before the study begins?

a) potential physical risks and discomforts

b) the reasons for involuntary participation and deception

c) what the independent variables are

d) how many subjects will be participating

Answer: a

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

80) Deception is sometimes used in psychological research in order to \_\_\_\_\_.

a) create a realistic situation with genuine reactions

b) protect the public from unpleasant research realities

c) protect participants from being harmed

d) prevent sample bias, ethnocentric bias, and experimenter bias

Answer: a

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

81) Debriefing is \_\_\_\_\_.

a) interviewing subjects after a study to find out what they were thinking during their participation

b) explaining the purpose of the study, anticipated results, and deceptions used when the study is over

c) disclosing potential physical and emotional risks and the nature of the study prior to its beginning

d) interviewing subjects after a study to determine whether any deceptions were effective in preventing them from learning the true purpose of the study

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

82) If a researcher is interested in studying the effects of administering different dosages of cocaine on rats, then he is MOST likely going to be concerned with \_\_\_\_\_\_\_\_\_ during his research.

a) the Food and Drug Administration

b) the state police

c) Narcotics Anonymous

d) guidelines for the ethical care of animals

Answer: d

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

83) Which of the following is true about animal research?

a) It has not produced any gains for animals themselves. .

b) It accounts for 70% to 80% of psychological research.

c) Animal researchers use punishments as often as they use rewards.

d) Researchers are searching for better ways to minimize harm to animals.

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.2 The Science of Psychology

84) With which type of animal is nonhuman research mostly conducted?

a) rats and mice

b) dogs and cats

c) insects

d) primates

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

85) A therapist may be required to break client confidentiality if the client \_\_\_\_\_.

a) asks to be reimbursed for their services

b) has more than two diagnosed disorders

c) is abusing a child or an elder adult

d) is a minor

Answer: c

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

86) Which of the following therapists is violating psychology's ethical standard of confidentiality?

a) Dr. Novak suggested his client talk to her neighbor to explain why she was fighting so loudly with her daughter.

b) Dr. Jones shared a patient’s records with the patient’s father after obtaining authorization.

c) Dr. Nguyen discussed a client, identifying the client by name, with his wife to get her advice.

d) Dr. Jacobs writes in his private files about a client that the client might be smoking marijuana.

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

87) If a clinical psychologist is doing therapy with someone who threatens to kill another person, the psychologist should\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) try to talk him out of it but cannot call the police due to confidentiality concerns.

b) have the person committed to a mental institution

c) call the police and inform the potential victim

d) nothing; due to confidentiality concerns the psychologist is powerless.

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

88) \_\_\_\_\_ research observes and records behaviors without manipulating variables or producing causal explanations.

a) Descriptive

b) Empirical

c) Independent

d) Dependent

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

89) In a study employing naturalistic observation, a researcher would be most likely to do which of the following?

a) conduct an in-depth study of Kerro who has been divorced four times

b) observe divorced couples as they naturally interact with each other in the laboratory

c) observe and record children’s behavior in a shopping mall after playing violent video games

d) determine cause and effect of children who watch violence on television

Answer: c

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.3 Research Methods

90) \_\_\_\_\_\_\_\_\_\_ is being conducted when a researcher is watching and recording the interactions between members of a Koala family in the wild.

a) An animal husbandry survey

b) A quasi-experiment

c) Introspection

d) Naturalistic observation

Answer: d

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.3 Research Methods

91) Observing the activities of a 3-year-old from a hidden location within the child’s daycare is an example of the\_\_\_\_\_\_\_\_\_\_\_ type of research method.

a) correlational

b) experimental

c) naturalistic observation

d) survey

Answer: c

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.3 Research Methods

92) The main advantage of naturalistic observation is that it \_\_\_\_\_.

a) eliminates extraneous variables

b) allows researchers to obtain data about natural behavior

c) is less time consuming and expensive than other research methods

d) can determine cause and effect

Answer: b

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

93) A survey is a(n) \_\_\_\_\_.

a) experimental technique for sampling a population's attitudes

b) research technique for assessing the behaviors, opinions, and attitudes of a wide selection of people

c) noncorrelational research technique for sampling a wide variety of populations

d) unreliable and invalid research technique, usually used by political or commercial pollsters

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

94) Which scientific method of research would be used if a college student running for student body president was trying to determine whether to emphasize campus security, improved parking facilities, or increased health services in their campaign?

a) a case study

b) naturalistic observation

c) an experiment

d) a survey

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

95) One significant advantage of survey research is that it can

a) identify causes of behavior.

b) provide more in-depth information than other research methods.

c) identify subject bias.

d) be used on larger samples than other research methods.

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

96) In a case study, a researcher is most likely to \_\_\_\_\_.

a) interview many research subjects who have a single problem or disorder

b) conduct an in-depth study of a single research participant

c) choose and investigate a single topic

d) collect data on different types of case studies

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

97) If you wanted to study someone with a rare disorder such as prosopagnosia (the inability to recognize others' faces), your BEST research option would be a(n) \_\_\_\_\_.

a) experimental study

b) correlational study

c) case study

d) survey

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

98) In \_\_\_\_\_research, a researcher studies previously recorded data.

a) experimental

b) correlational

c) archival

d) applied

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

99) In \_\_\_\_\_research, a researcher observes or measures (without manipulating) two or more variables to determine whether or not there is a relationship between them. This kind of research does not allow one to draw conclusions about a cause-and-effect relationship.

a) experimental

b) correlational

c) archival

d) applied

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

100) A number that indicates the degree and direction of the relationship between variables is called a(n) \_\_\_\_\_.

a) inference

b) inferential statistic

c) correlation coefficient

d) quasi-correlation

Answer: c

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

101) Which of the following correlation coefficients indicates the strongest relation?

a) +.78

b) –.84

c) +.35

d) .00

Answer: b

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

102) Which of the following is an example of a zero correlation?

a) the relationship between your grades and how much time you spend studying

b) the relationship between your alcohol consumption and physical reaction time

c) the relationship between intensity of rain and umbrella use

d) the relationship between your adult height and intelligence

Answer: d

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

103) Which is the stronger correlation, –1.00 or +1.00?

a) +1.00

b) They are the same.

c) –1.00

d) Neither; –1.00 does not exist.

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

104) Since there is a correlation between cancer and stress, which of the following statements is true?

a) Cancer causes stress.

b) Stress causes cancer.

c) Knowing a person's stress level may help to predict that person’s likelihood of cancer.

d) Obesity causes both stress and likelihood of cancer to increase.

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

105) Researchers can manipulate a variable and examine the effect of that manipulation on another variable through use of a(n) \_\_\_\_\_\_\_\_.

a) experiment

b) correlational study

c) biological study

d) descriptive study

Answer: a

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

106) A researcher would use \_\_\_\_\_\_\_\_\_\_ research, if they were interested in determining whether listening to subliminal advertising causes an increase in sales of products.

a) descriptive

b) correlational

c) naturalistic observation

d) experimental

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

107) Conclusions about cause-and-effect relationships can only be drawn from \_\_\_\_\_ studies.

a) experimental

b) descriptive

c) correlational

d) case

Answer: a

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

108) The BEST definition of an independent variable is a variable that \_\_\_\_\_.

a) is a measurable behavior exhibited by a participant and affected by the dependent variable

b) is manipulated by the experimenter to determine its causal effect on the dependent variable

c) is kept constant during an experiment to prevent contamination of other variables

d) cannot be manipulated by anyone

Answer: b

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

109) In experiments, \_\_\_\_\_ variables are selected and manipulated by the experimenter.

a) independent

b) intervening

c) controlled

d) dependent

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

110) \_\_\_\_\_ variables are manipulated by researchers; \_\_\_\_\_ variables are only measured.

a) Dependent; independent

b) Surveys; experimental

c) Experimental; control

d) Independent; dependent

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

111) In an experiment to determine if rewards will increase recycling efforts on campus, the dependent variable is \_\_\_\_\_.

a) rewards versus no rewards

b) the amount of recycling effort observed

c) the students who recycle

d) the type of rewards

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

112) In an experiment to determine if listening to music affects how well students perform on a test, the independent variable is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) test performance

b) listening to music

c) time spent studying

d) students

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

113) Students were divided into two groups. In one group students were ignored when they talked without raising their hands. In the other group students were attended to in the teacher's usual manner. The independent variable in this experiment was \_\_\_\_\_.

a) initial levels of talking

b) decreased talking

c) attention from the teacher

d) division of students into two groups

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

114) If researchers gave participants varying amounts of a new "memory" drug and then gave them a story to read and measured their scores on a quiz, the \_\_\_\_\_ would be the independent variable (IV), and the \_\_\_\_\_ would be the dependent variable (DV).

a) response to the drug; amount of the drug

b) experimental group; control group

c) exposure to the drug; quiz scores

d) researcher variables; extraneous variables

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

115) The BEST definition of a dependent variable is a variable that is \_\_\_\_\_.

a) a measurable behavior that is affected by the independent variable

b) controlled by the experimenter and applied to the participant to determine its effect

c) kept constant during an experiment to prevent contamination of other variables

d) is the experimental group in the study

Answer: a

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

116) In an experiment studying the effects of alcohol on memory, the group of participants not given alcohol is referred to as the \_\_\_\_\_\_\_\_\_\_\_\_.

a) experimental group

b) control group

c) independent variable

d) random sample

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

117) In an experiment studying whether eating sugar influences children's ability to focus their attention on a problem-solving task, the group of children given sugar is referred to as the\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) experimental group

b) control group

c) independent variable

d) random sample

Answer: a

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

118) The control group in an experiment is the group in which participants \_\_\_\_\_.

a) receive no treatment

b) receive the dependent variable

c) do not receive the dependent variable

d) receive the independent variable

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

119) The experimental group in an experiment is the group in which the participants \_\_\_\_\_.

a) do not receive the independent variable

b) receive the dependent variable

c) do not receive the dependent variable

d) receive the independent variable or treatment

Answer: d

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

120) In a study to test the effects of alcohol on driving, you were in a group of participants that drove poorly. This means that \_\_\_\_.

a) you were in the experimental group

b) you were in the control group

c) there is insufficient information to determine your group

d) you won’t know in which group you were a participant until the study is concluded

Answer: c

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

121) In a drug-study to test the effectiveness of a new drug for treating the common cold, you are randomly assigned to a group that gets the drug. This means that you are in the\_\_\_\_\_.

a) control group

b) experimental group

c) placebo group

d) dependent group

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

122) In a procedure called \_\_\_\_\_, participants are placed in experimental conditions on the basis of chance, thus minimizing biases or preexisting differences in the groups.

a) random sampling

b) random assignment

c) group selection

d) experimental assignment

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

123) If you flip a coin to determine whether you should be in Group A or Group B for an in-class experiment, you would be using the\_\_\_\_\_\_\_\_\_\_\_\_\_\_ procedure.

a) experimental assignment

b) independent selection

c) representative grouping

d) random assignment

Answer: d

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

124) Sample bias occurs when \_\_\_\_\_.

a) the sample of participants in a research study are not representative of the larger population

b) participants exhibit behaviors that are considered typical in their own culture

c) an experimenter biases a sample by providing unintentional cues about correct responses

d) the subjects are provided unintentional information about the experiment

Answer: a

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

125) If a presidential candidate concludes from a poll conducted in Minnesota that he is ahead in the race and that from those results that he will win the election nationwide, then the candidate is guilty of \_\_\_\_\_\_\_\_\_\_\_\_\_.

a) experimenter bias

b) sample bias

c) the placebo effect

d) the lack of adequate controls

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

126) A sample is BEST defined as \_\_\_\_\_.

a) a group of participants in a study who have sampled the treatment condition

b) a selected group of participants that is representative of a larger population

c) the total of all possible cases from which a population is selected

d) a group of participants in a study that is atypical of the larger population

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

127) In a study on student conformity, researchers selected a group of college students who appeared to represent the characteristics of students from the entire college campus. The selected group served as the \_\_\_\_\_ of the college \_\_\_\_\_.

a) representatives; campus

b) population; representatives

c) sample; population

d) representatives; sample

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

128) One way to ensure less sample bias is to select a \_\_\_\_\_ sample.

a) representative and random

b) homogeneous and ethnocentric

c) placebo and control

d) heterogeneous and ethnocentric

Answer: a

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

129) \_\_\_\_\_ are stimuli other than independent variables that may affect the outcome of the study and lead to erroneous conclusions.

a) Random variables

b) Placebos

c) Confounding variables

d) External variables

Answer: c

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

130) Experimenter bias refers to \_\_\_\_\_.

a) intentional subtle cues given by a researcher that lead a subject to guess what the correct response should be

b) experimenters who unintentionally let their beliefs and expectations influence the results of a study

c) the experimenter's belief that his or her study results are more accurate than any other study's results

d) the tendency of experimenters to unintentionally report their results in a manner that always supports their hypotheses

Answer: b

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

131) While conducting research, you unintentionally provide subtle cues to the study's participants about the purpose of the research, which influences your results in the direction you expected. This is a demonstration of \_\_\_\_\_.

a) ethnocentric research

b) misapplication of an independent variable

c) experimenter bias

d) subject bias

Answer: c

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

132) Ethnocentrism in research refers to \_\_\_\_\_.

a) the belief that a typical behavior in one's culture is typical of all cultures

b) a researcher's inflated sense of his or her own research abilities

c) a central need to include people from all races and cultures in an experiment

d) an attitude among researchers that their field of study is more important than any other field

Answer: a

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

133) One of the BEST ways to deal with ethnocentrism in scientific research is to \_\_\_\_\_.

a) create culturally diverse research review committees

b) provide cultural sensitivity training to researchers

c) use cross-cultural sampling

d) ignore it because cultural universals are more prevalent than cultural specifics

Answer: c

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

134) Because research in the United States has demonstrated that adolescents are not very respectful to the elderly, Sara concludes that all adolescents everywhere in the world are disrespectful to the elderly. This is an example of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) cross-cultural sampling

b) ethnocentrism

c) participant bias

d) social desirability bias

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

135) One way to decrease participant bias is to \_\_\_\_\_.

a) conduct single-blind and double-blind studies

b) use the selectivity model

c) use no placebo controls

d) it is impossible to decrease participant bias

Answer: a

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

136) According to your text, research participants who try to present themselves in a good light are demonstrating \_\_\_\_\_.

a) good judgment

b) the social desirability response

c) a placebo effect

d) deceptive behavior

Answer: b

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

137) If a student lies on a questionnaire regarding the number of sexual partners she has had during the course of her lifetime, then \_\_\_\_\_\_\_\_\_\_\_ can best describe the student's behavior.

a) social desirability responding

b) experimenter bias

c) a placebo effect

d) distrusting bias

Answer: a

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.3 Research Methods

138) The best definition of a double-blind study is research in which \_\_\_\_\_.

a) both the control group and the experimental group are unaware of what is being studied in the research experiment

b) neither the participants in the treatment group nor the control group knows which treatment is being given to which group

c) both the researcher and the participants are unaware of who is in the experimental and control groups

d) two control groups (or placebo conditions) must be used in the research study

Answer: c

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

139) An example of a(n) \_\_\_\_\_\_\_\_\_\_\_ is one in which an experiment was conducted on caffeine-induced stress in which neither the class researchers nor the participants in the experiment knew who did and did not receive caffeine until after the study was completed.

a) counterbalanced design study

b) double-blind study

c) unknown condition experiment

d) controlled deception condition experiment

Answer: b

Difficulty: Medium

Bloom's: Application  
Section Reference: 1.3 Research Methods

140) In a study in which neither the patient nor the physician knew whether a patient was getting the drug or the placebo, 85% of participants and patients correctly identified whether they were in the experimental or control condition. Contrary to design expectations, the experiment was not \_\_\_\_\_\_\_\_.

a) statistically significant

b) socially reliable

c) correlational

d) double blind

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

141) SQ4R stands for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a) survey, question, read, recite, review, write

b) scan, query, read, repeat, reword, recite

c) survey, query, review, read, reread, recite

d) scan, question, read, write by rewording, repeat

Answer: a

Difficulty: Easy

Bloom's:   
Section Reference: 1.4 Strategies for Student Success

142) According to the text, studying the night before the exam is an example of \_\_\_\_\_ and studying for 1 hour a day 5 nights before the exam is an example of \_\_\_\_\_\_\_\_\_.

a) distributed; massed

b) massed; distributed

c) cramming ; pacing

d) short-term; long-term

Answer: b

Difficulty: Easy

Bloom's: Application  
Section Reference: 1.4 Strategies for Student Success

143) Although studying new information to the point where you can recite it is one way to learn, a deeper way to study is \_\_\_\_\_\_\_, through which you know how key terms interact and generate examples.

a) in-depth recitation

b) maximizing

c) overlearning

d) interactionism

Answer: c

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.4 Strategies for Student Success

144) Effective note-taking depends on \_\_\_\_\_\_\_.

a) improving your writing speed

b) time management

c) establishing a baseline

d) active listening

Answer: d

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.4 Strategies for Student Success

145) Before you attempt to change your time management skills, you should \_\_\_\_\_.

a) record current activities

b) have a trial run of different strategies

c) reward yourself

d) create a daily schedule

Answer: a

Difficulty: Easy

Bloom's: Comprehension  
Section Reference: 1.4 Strategies for Student Success

146) Diane is keeping an in-depth record of her conscious awareness including basic sensations, images, feelings, and thoughts that she is aware of experiencing. Diane is practicing what Wundt would call \_\_\_\_\_\_\_\_\_.

a) Structuralism

b) Empiricism

c) Functionalism

d) Introspection

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

Learning Objective: LO 1: Define psychology and its goals.

147) Shirley examines learning, conditioning, motivation, emotion, sensation, and perception in humans and other animals. It is likely that Shirley is a(n) psychologist.

a) experimental

b) cultural

c) developmental

d) cognitive

Answer: a

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.1 Introducing Psychology

148) Carlos and Bonita were intrigued by the results of a study about the biases people display toward work done by males, compared to work done by females. They decided to perform the same study, following the same procedures, to see if they would get the same results. This is an example of \_\_\_\_\_.

a) an invalid research method

b) a replication of studies

c) plagiarism

d) a waste of research time and funding

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

149) Timothy has been reluctant to ask or answer questions in the classroom because when he spoke in his second-grade class, his peers laughed at him. This is a demonstration of which goal of psychology?

a) Describing behavior

b) Explaining behavior

c) Predicting behavior

d) Changing behavior

Answer: b

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

150) Maria is thinking of running for student body president, but she wonders whether her campaign should emphasize campus security, improved parking facilities, or increased health services. Which scientific method of research would you recommend she use to determine the focus of her campaign?

a) a case study

b) naturalistic observation

c) an experiment

d) a survey

Answer: d

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

151) You are unsure whether you want to complete an experiment you began an hour ago. According to the Ethical Principles of Psychologists and Code of Conduct (2016), when you ask the researcher if you have to continue, the researcher should respond with \_\_\_\_\_.

a) "You have the right to drop out of the study at any time."

b) "I'm sorry, the experiment must continue."

c) "Please continue. I will debrief you afterwards."

d) "You may drop the study now, but you will forfeit credit."

Answer: a

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

152) Which of the following therapists is NOT violating psychology's ethical standard of confidentiality?

a) Dr. Novak called the Department of Social Services to report her client, who admitted during their session together that she was abusing her nine-year-old daughter.

b) Dr. Jones describes detailed case histories of former clients to his psychology class without disguising their characteristics.

c) Dr. Smith-Nguyen discusses a client with his wife to get her advice.

d) Dr. Polanski told two of his colleagues that he was treating a local television news anchor for major depression, but didn't name her.

Answer: a

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

**Question Type: Fill-In**

153) The first person of color to be elected as president of the American Psychological Association was \_\_\_\_\_\_\_\_.

Answer: Kenneth Clark

Difficulty: 3

Bloom's: Knowledge

Section Reference: 1.1 Introducing Psychology

154) Riley conducts a research project in which participants are deceived about the actual purpose of the study. When their contributions are complete, she reveals the true nature of the study, answers any questions that they have, and assures them that the final study outcomes will be made available to them. This process of sharing the true study purpose is called \_\_\_\_\_\_\_\_.

Answer: debriefing

Difficulty: 1

Bloom's: Application

Section Reference: 1.2 The Science of Psychology

155) The plus or minus sign that appears in a correlational coefficient gives you information about the \_\_\_\_\_\_\_\_ of the relationship between variables.

Answer: direction (or nature)

Difficulty: Easy

Bloom's: Knowledge

Section Reference: 1.3 Research Methods

156) While standing at a craps table, Ronaldo has an involved routine he must perform before he rolls the dice. He did this one and won $100 on a single roll, so now he feels that he must do it before every roll. This belief that a relationship exists between his actions and the outcome of each roll demonstrates a(n) \_\_\_\_\_\_\_\_ correlation.

Answer: illusory

Difficulty: Hard

Bloom's: Application

Section Reference: 1.3 Research Methods

157) What does the third "r" in the SQ4R method of studying symbolize?

Answer: Review

Difficulty: Hard

Bloom's: Knowledge

Section Reference: 1.4 Strategies for Student Success

**Question Type: Essay**

158) Contrast the following three schools/perspectives in psychology with regard to their research methods, beliefs about the effects of the past on behavior, and areas of emphasis: psychoanalytic, behaviorism, and cognitive psychology. Explain which perspective you find most intriguing and why.

Answer:

Difficulty: Hard

Bloom's: Comprehension  
Section Reference: 1.1 Introducing Psychology

159) List and describe the four goals of psychology giving an original example of how either basic or applied research could be used to achieve each goal.

Answer:

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

160) Suppose you believe that stress causes headaches. Describe what you would need to do for each of the six basic steps in the scientific method to research your belief.

Answer:

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.2 The Science of Psychology

161) Suppose you believe negative advertising causes people to vote against the political candidate attacked in the ad. Describe an experiment you could perform to test your theory. Be sure to include a hypothesis, operational definitions of your independent and dependent variables, who your participants would be, and how you would randomly assign them to experimental or control groups.

Answer:

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

162) What are some ways that you as a researcher might be able to reduce the likelihood of social desirability bias in participants?

Answer:

Difficulty: Medium

Bloom's: Comprehension  
Section Reference: 1.3 Research Methods

163) Suppose you wanted to determine whether the use of marijuana is related to car accidents. Discuss the major limitations and merits of using each of the following research methods: an experiment, a naturalistic observation, a survey, and a case study; then state which method you would ultimately use.

Answer:

Difficulty: Hard

Bloom's: Application  
Section Reference: 1.3 Research Methods

164) Discuss why correlation is necessary but not sufficient to establish causation.

Answer:

Difficulty: Easy

Bloom's: Knowledge  
Section Reference: 1.3 Research Methods

165) Imagine that you are a psychologist. Describe ethical considerations for human participants in research studies, as well as the benefits, limitations, and ethical considerations for animal research. Then, describe what you would tell a therapy client about what she can expect with regard to your maintaining her confidentiality. Finally, state the possible consequences of violating ethical standards in psychology.

Answer:

Difficulty: Hard

Bloom's: Knowledge  
Section Reference: 1.2 The Science of Psychology

166) Explain the SQ4R method. Give an example of how you would use it using information from the chapter and applying each of the steps.

Answer:

Difficulty: Medium

Bloom's: Knowledge  
Section Reference: 1.4 Strategies for Student Success