|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Students typically have fewer choices to make in the higher education culture than in the high school culture.   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 2. In Chapter One, we have learned that successful students \_\_\_\_\_\_\_\_\_\_.   |  |  |  | | --- | --- | --- | |  | a. | maintain positive core beliefs | |  | b. | make wise choices at forks in the road | |  | c. | accept their weaknesses | |  | d. | use the same skills for success in the workplace as in college | |  | e. | all of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | e | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 3. Accepting our weaknesses \_\_\_\_\_\_\_\_\_\_.   |  |  |  | | --- | --- | --- | |  | a. | means we are judging ourselves | |  | b. | signals that we are content to stay as we are | |  | c. | provides a starting point for developing stronger self-esteem | |  | d. | makes it impossible to achieve success | |  | e. | all of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | c | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 4. "Having hard skills gets you hired; lacking soft skills gets you fired." In this statement, what is meant by *soft skills*?   |  |  |  | | --- | --- | --- | |  | a. | The skills that will be learned in *On Course* | |  | b. | Time management and prioritizing tasks | |  | c. | Effective decision-making | |  | d. | Setting goals and making a strong effort | |  | e. | All of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | e | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 5. After completing the self-assessment in *On Course*, your wisest choice with regard to the weaknesses you discover is to \_\_\_\_\_\_\_\_\_\_.   |  |  |  | | --- | --- | --- | |  | a. | disregard their importance to your success in college and in life | |  | b. | accept your weaknesses and resolve to turn your back on them | |  | c. | accept your weaknesses and place the blame for each weakness where it belongs—on yourself or others | |  | d. | accept your weaknesses and, when possible, take action to create positive changes—in beliefs and behaviors | |  | e. | none of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | d | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 6. Successful people stay on course to their destinations by \_\_\_\_\_\_\_\_\_\_.   |  |  |  | | --- | --- | --- | |  | a. | wisely choosing their beliefs and behaviors | |  | b. | trying harder in the face of acknowledged weaknesses | |  | c. | identifying why they have strengths and weaknesses within themselves | |  | d. | relying on their luck and past successes | |  | e. | none of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | a | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 7. Which of the following suggestions is typically completed in the first week of class by successful students?   |  |  |  | | --- | --- | --- | |  | a. | Read the syllabus for each course | |  | b. | Arrive on time for class everyday | |  | c. | Attend every class | |  | d. | Buy the required textbooks for each class | |  | e. | ​All of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | e | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 8. You have decided to earn a minimum GPA of 2.8 for the current semester. Here are your grades at the mid-term of this semester. Do you currently have the minimum GPA you want?   |  |  |  | | --- | --- | --- | | Math-1003 Intermediate Algebra | 3 credit hours | Grade: B | | Engl-1123 Composition I | 3 credit hours | Grade: C | | Spch-1103 Oral Communications | 3 credit hours | Grade: A | | PE-1202 Bowling | 2 credit hours | Grade: D | | Psy-1202 First Year Seminar | 2 credit hours | Grade: B |  |  |  |  | | --- | --- | --- | |  | a. | Yes | |  | b. | No |  |  |  | | --- | --- | | *ANSWER:* | b | |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Match each lettered word or phrase to its* On Course *definition.*   |  |  | | --- | --- | | a. | success | | b. | forks in the road | | c. | wise choices | | d. | cycle of success | | e. | no match | |

|  |  |  |
| --- | --- | --- |
| 9. Positive beliefs lead to effective behaviors which yield results that reinforce positive beliefs   |  |  | | --- | --- | | *ANSWER:* | d | |

|  |  |  |
| --- | --- | --- |
| 10. Staying on course to your desired outcomes and experiences, creating wisdom, happiness, and unconditional self-worth along the way   |  |  | | --- | --- | | *ANSWER:* | a | |

|  |  |  |
| --- | --- | --- |
| 11. Choice points that arise when we meet opportunities or obstacles on the road of life   |  |  | | --- | --- | | *ANSWER:* | b | |

|  |  |  |
| --- | --- | --- |
| 12. Focus on personal goals and achievements that are "inner" or private   |  |  | | --- | --- | | *ANSWER:* | e | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *Match each term with its best meaning or explanation.*   |  |  | | --- | --- | | a. | college catalogue | | b. | advisor | | c. | prerequisites | | d. | general education requirements | | e. | your "major" | | f. | syllabus (sometimes called "first-day handout") | | g. | grade point average | | h. | official withdrawal | | i. | credits | | j. | course load | | k. | no match | |

|  |  |  |
| --- | --- | --- |
| 13. The minimum number of required courses from broad fields of study such as math, science, communications   |  |  | | --- | --- | | *ANSWER:* | d | |

|  |  |  |
| --- | --- | --- |
| 14. What you 'earn' when you successfully complete a course   |  |  | | --- | --- | | *ANSWER:* | i | |

|  |  |  |
| --- | --- | --- |
| 15. The average grade for all the courses, that is, all the course credit hours, you have taken in college—usually a range from 0.0 or "F" to 4.0 or "A"   |  |  | | --- | --- | | *ANSWER:* | g | |

|  |  |  |
| --- | --- | --- |
| 16. Completing the paperwork for leaving a course before the end of the semester (usually results in a grade of "W" on your transcript)   |  |  | | --- | --- | | *ANSWER:* | h | |

|  |  |  |
| --- | --- | --- |
| 17. Courses that must be completed before you are eligible to enroll in higher level coursework   |  |  | | --- | --- | | *ANSWER:* | c | |

|  |  |  |
| --- | --- | --- |
| 18. The number of "credit hours" in which you enroll in a given semester   |  |  | | --- | --- | | *ANSWER:* | j | |

|  |  |  |
| --- | --- | --- |
| 19. A contract between you and your instructors who will assume that you've read and understood it   |  |  | | --- | --- | | *ANSWER:* | f | |

|  |  |  |
| --- | --- | --- |
| 20. A counselor or instructor who assists you in making wise choices such as what courses to take   |  |  | | --- | --- | | *ANSWER:* | b | |

|  |  |  |
| --- | --- | --- |
| 21. The area of study in which you are seeking a certificate or degree   |  |  | | --- | --- | | *ANSWER:* | e | |

|  |  |  |
| --- | --- | --- |
| 22. A resource that contains most of the factual information you'll need on the road through college   |  |  | | --- | --- | | *ANSWER:* | a | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 23. Which of the following should you learn during the first week of classes at college?​   |  |  |  | | --- | --- | --- | |  | a. | ​Instructors' names | |  | b. | ​Instructors' office locations | |  | c. | ​Instructors' office hours | |  | d. | ​All of the answer choices |  |  |  | | --- | --- | | *ANSWER:* | d | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 24. A schedule is essential for getting everything important done on time.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 25. Money problems are not something that can sabotage students' success in college. ​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 26. ​Which of the following is NOT a recommended way to increase money flowing in?   |  |  |  | | --- | --- | --- | |  | a. | ​Create a budget | |  | b. | ​Apply for grants and scholarships | |  | c. | ​Apply for high-cost loans | |  | d. | ​Save and invest |  |  |  | | --- | --- | | *ANSWER:* | c | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 27. One way to decrease money flowing out is to avoid credit blunders.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 28. ​"Surface" culture includes which of the following?   |  |  |  | | --- | --- | --- | |  | a. | ​Fashions | |  | b. | ​Shared beliefs | |  | c. | ​Attitudes | |  | d. | ​Opinions |  |  |  | | --- | --- | | *ANSWER:* | a | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 29. "Deep" culture includes which of the following?​   |  |  |  | | --- | --- | --- | |  | a. | ​Games | |  | b. | ​Taboos | |  | c. | ​Music | |  | d. | ​Food |  |  |  | | --- | --- | | *ANSWER:* | b | |

|  |  |  |
| --- | --- | --- |
| 30. ​A \_\_\_\_\_\_\_\_\_ is a document that most instructors provide at the first class session, which contains essential information about the course.   |  |  | | --- | --- | | *ANSWER:* | syllabus​ | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 31. A prerequisite is a course that must be successfully completed before taking a more advanced course.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 32. ​Which of the following is NOT a guideline for creating a meaningful journal entry?   |  |  |  | | --- | --- | --- | |  | a. | ​Be creative | |  | b. | ​Be honest | |  | c. | ​Do not copy the directions into the journal | |  | d. | ​Dive deep |  |  |  | | --- | --- | | *ANSWER:* | c | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 33. Educators expect students to always work alone and not seek help when they are struggling.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | False | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 34. Like hard skills, soft skills are learnable.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 35. The choices we make at each fork in the road determine whether we achieve our desired outcomes and experiences.​   |  |  |  | | --- | --- | --- | |  | a. | True | |  | b. | False |  |  |  | | --- | --- | | *ANSWER:* | True | |